

# CV Training Session

Oct. 2013

Clinical Product Specialist Team,  
International Sales Dept.



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*I. Purpose of Echo*

*II. Useful feature & transducers*

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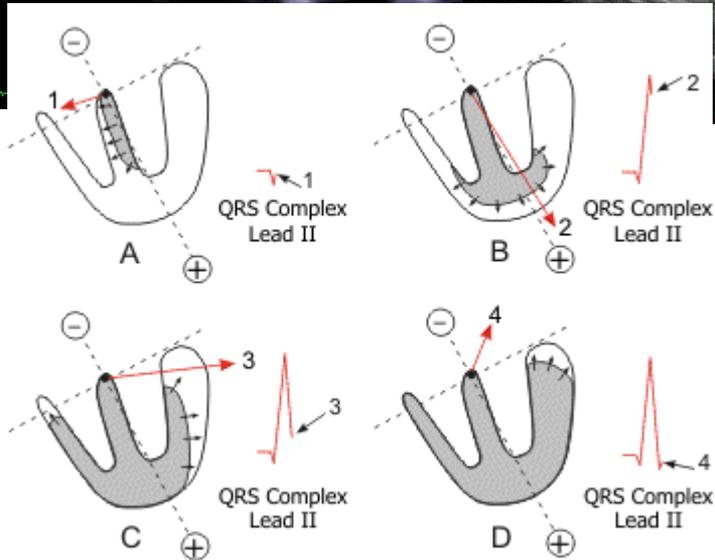
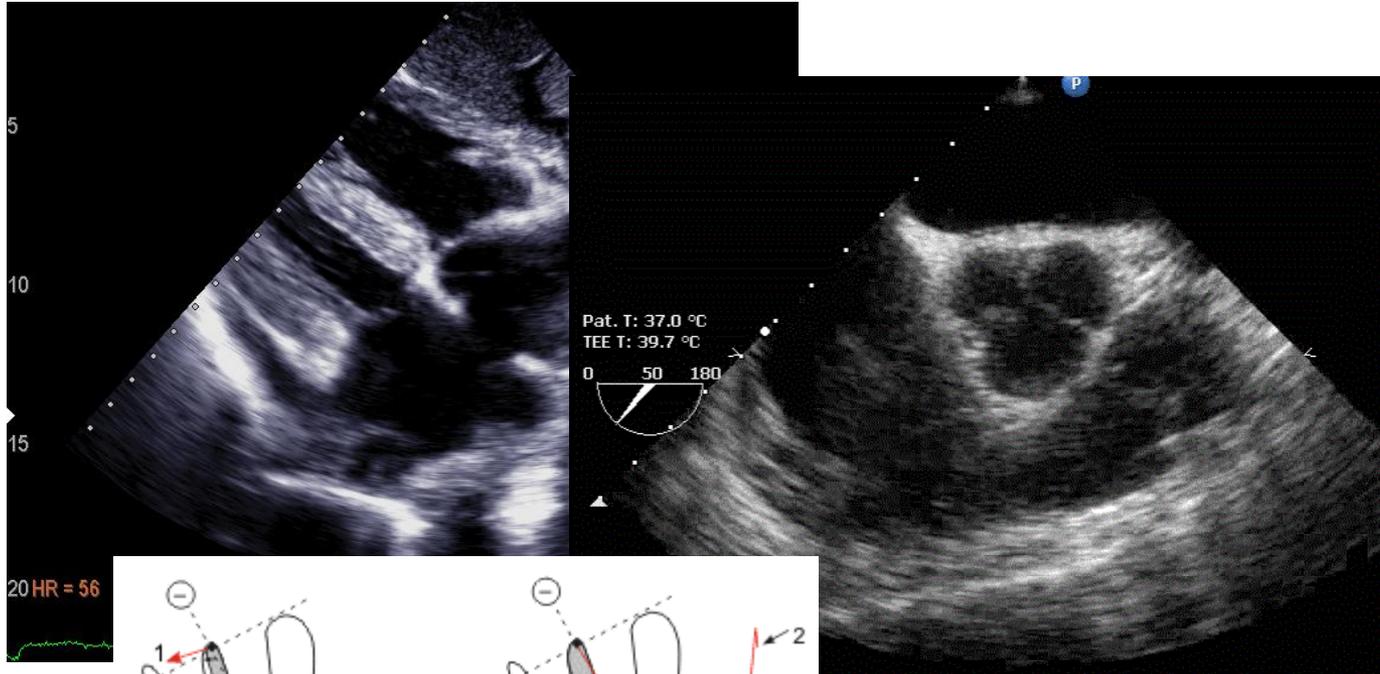
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- Method : transthoracic , transesophageal, ( transvenous) intra-cardiac
- 2D, Real-time 3D
- Structure; size , shape, location, abnormal structure
- Function ; Systole, Diastole,

Conduction system

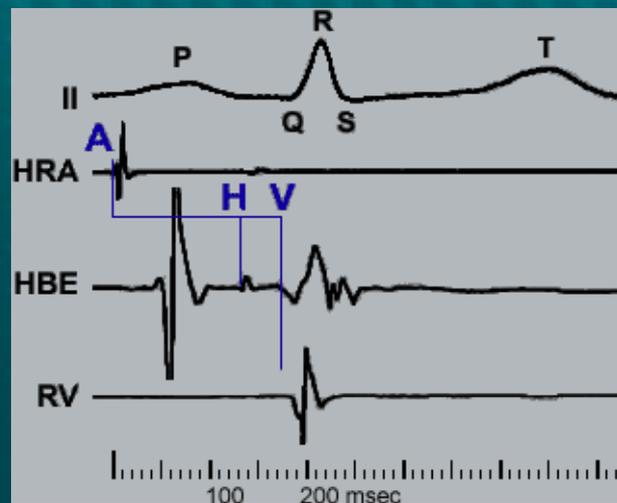
# Echocardiography



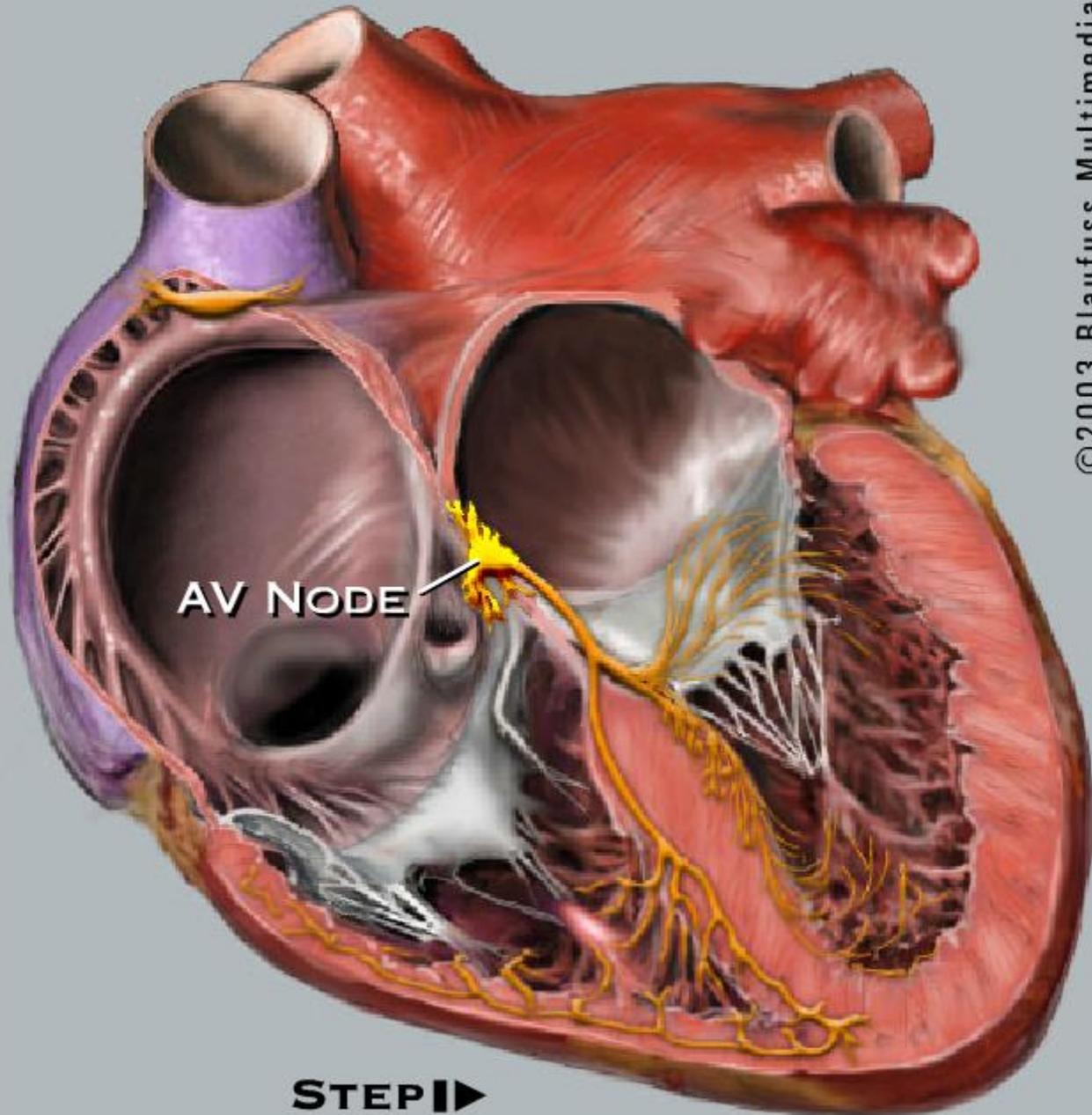
# Normal sinus rhythm

Intracardiac tracings show the normal intervals between

- initiation of atrial depolarization **A**
- His bundle activation **H**
- ventricular depolarization **V**
- $AH + HV = PR$  interval



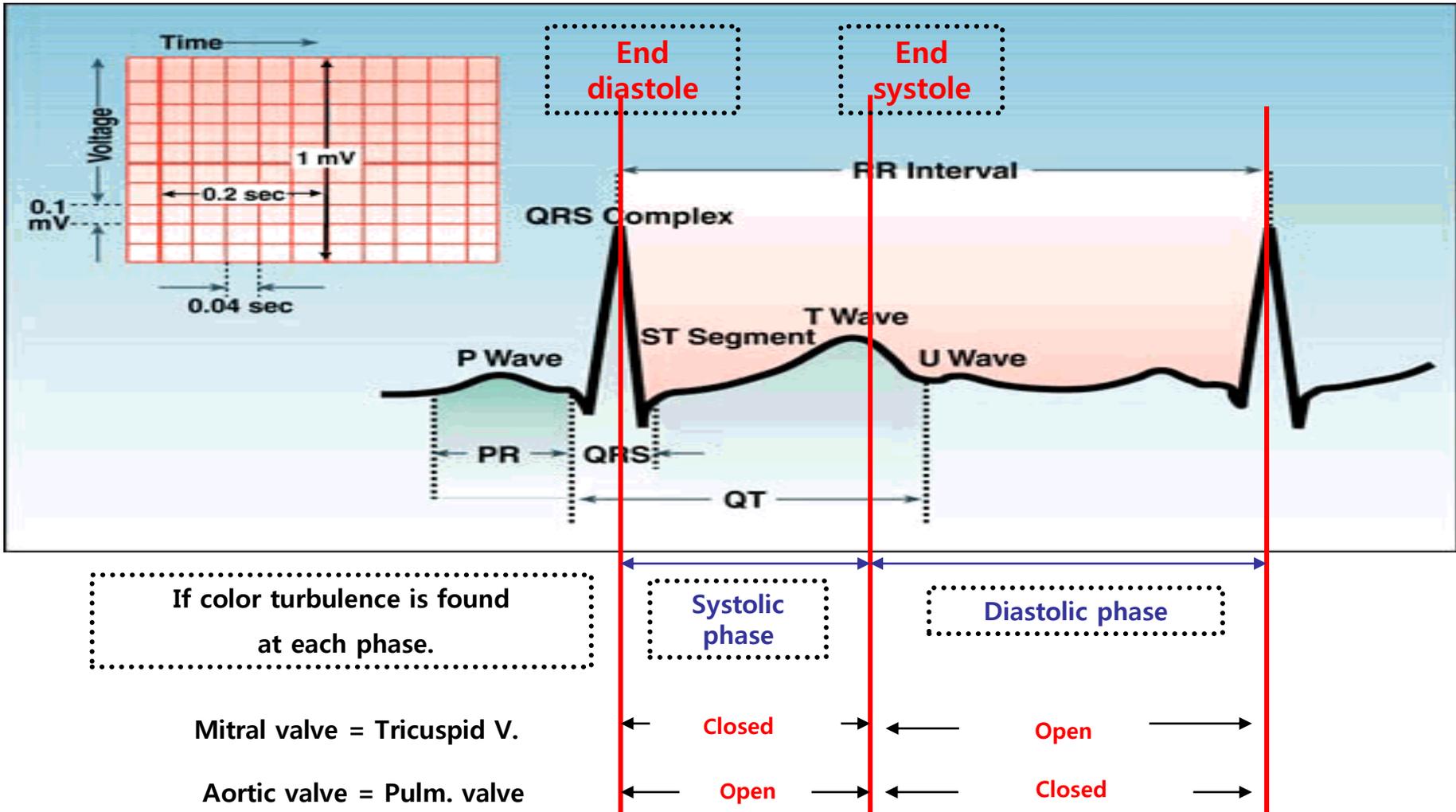
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STEP I ►

# EKG and Hemodynamic Change



# Premium Transducers for Echocardiography

**SP 1-5X**



*Extreme Phased Array for EC-15*

*FOV : 90°*

*Application : Adult Echo, Transcranial etc.*

**SP 1-5**



*Single Crystal Phased Array for EC-9DIA*

*FOV : 90°*

*Application : Adult Echo, Transcranial etc.*

**SP 3-8**



*Single Crystal Phased Array for EC-15 & EC-9DIA series*

*Application : Pediatric Echo, Pediatric abd.*

**CW2.0**



*Pencil type probe for EC-15*

*Application : Adult & Pediatric Echo  
Doppler-based display*

**CW5.0**



*Pencil type Probe for EC-15*

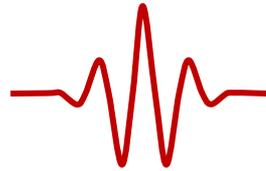
*Application : **Deep venous & artery**  
**Doppler-based display***

## Filtered Tissue Harmonic Imaging(FTHI) & Pulsed Inversion THI

### *Pulse Inversion*

Tissue (Linear Reflector)

Non-Inverted



Inverted



Transmit

Receive

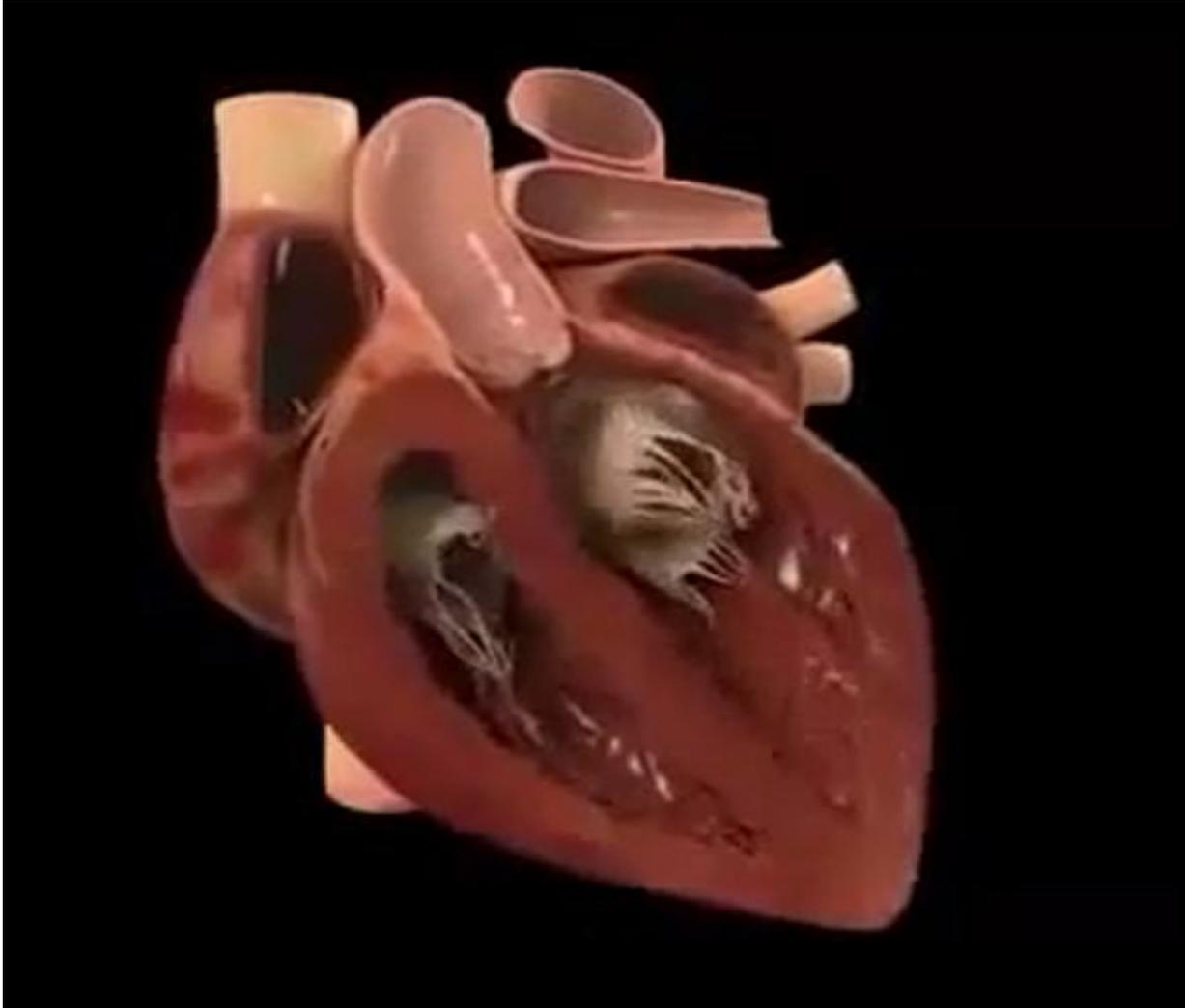
Addition =



Display

# Echo Protocol

# The Heart



## 1. Parasternal

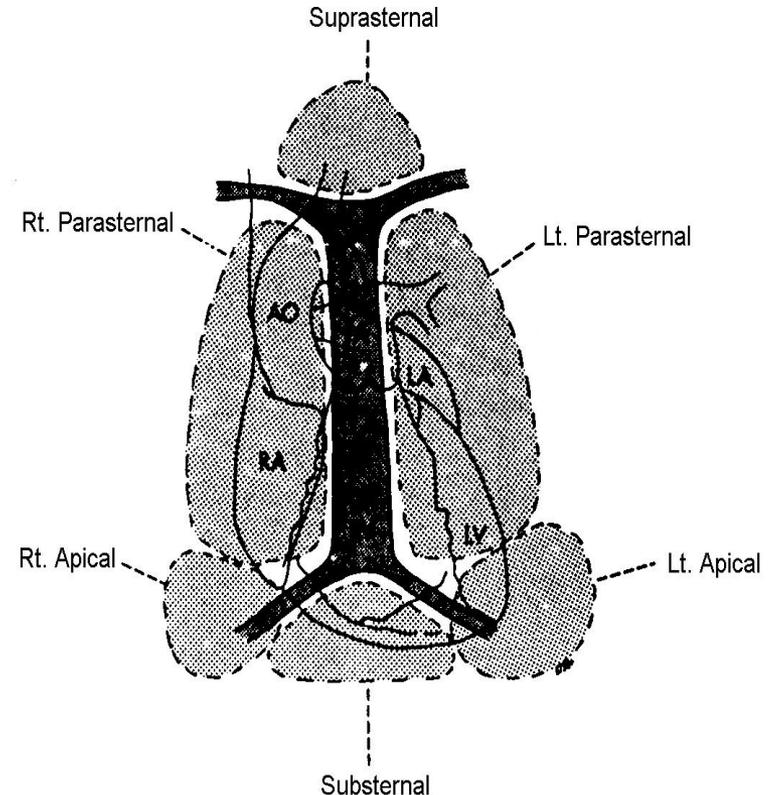
Long Axis View  
Short Axis View

## 2. Apical

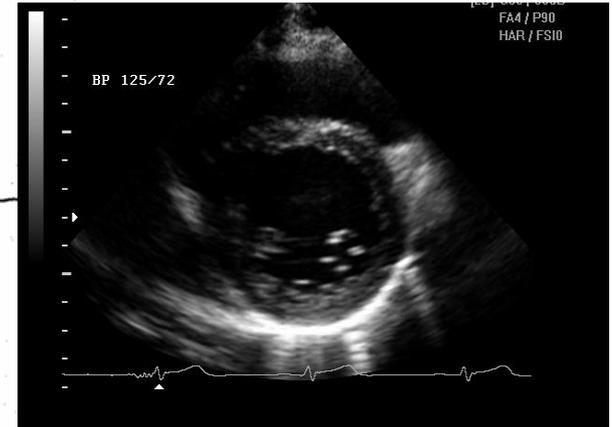
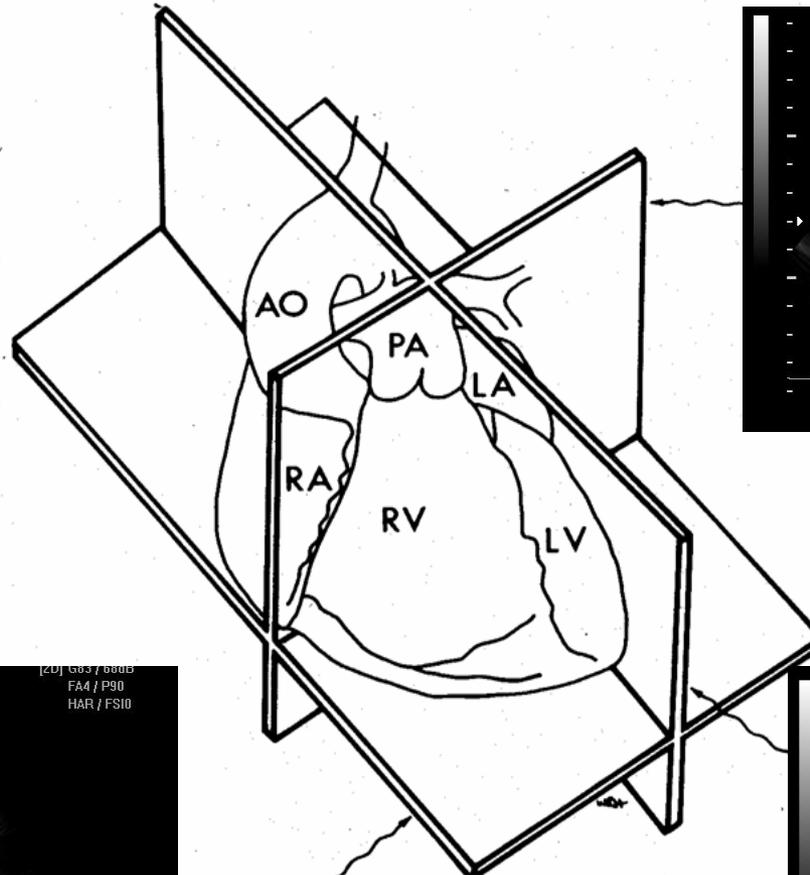
Four Chamber View  
Five Chamber View  
Three Chamber View  
Two Chamber View

## 3. Subxiphoid or subcostal

## 4. Suprasternal

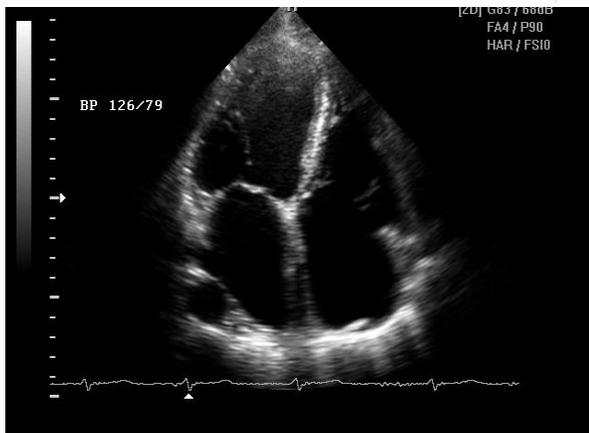


# Basic Views

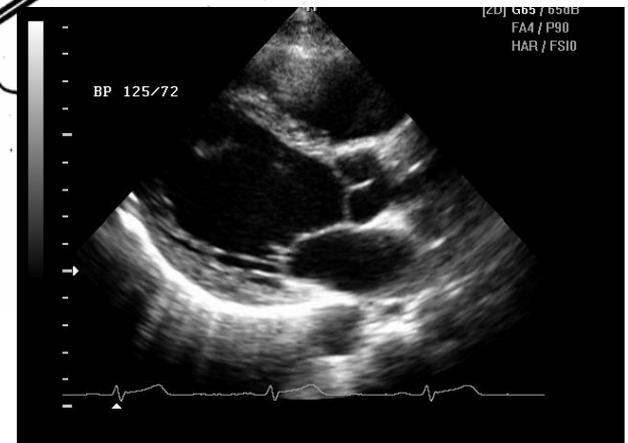


Short Axis Plane

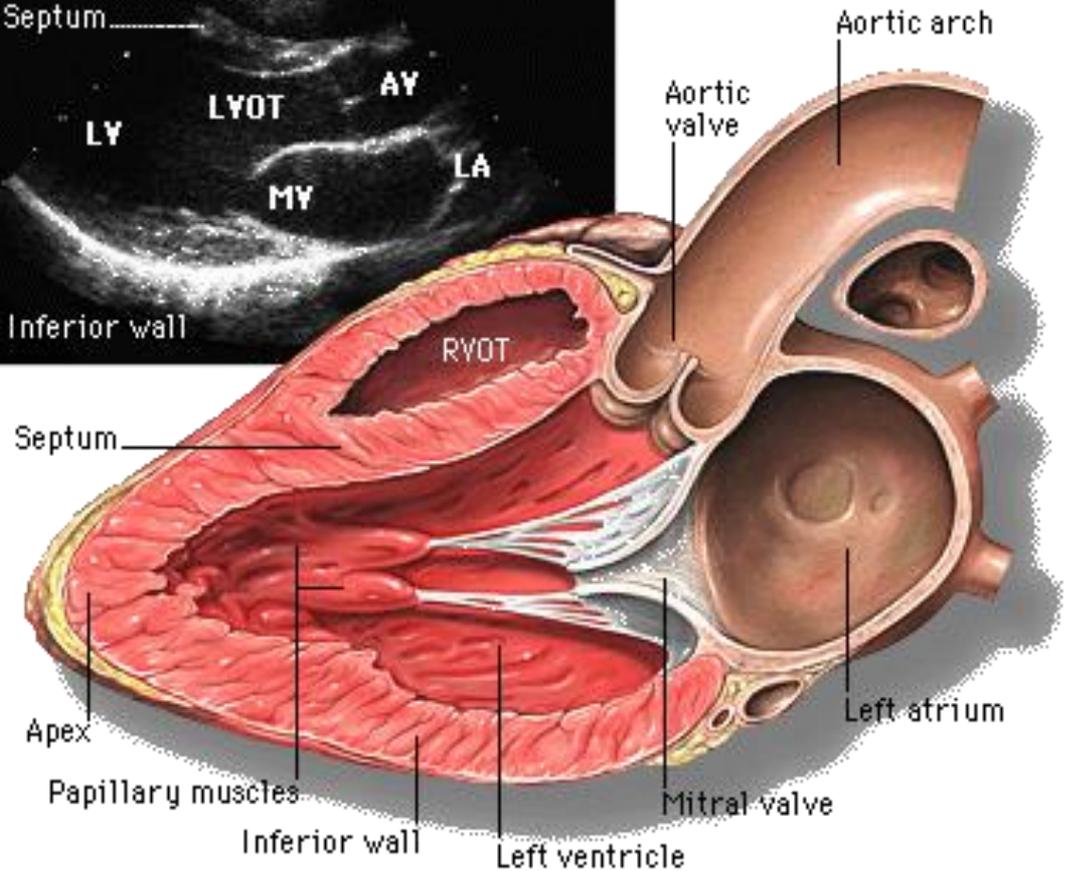
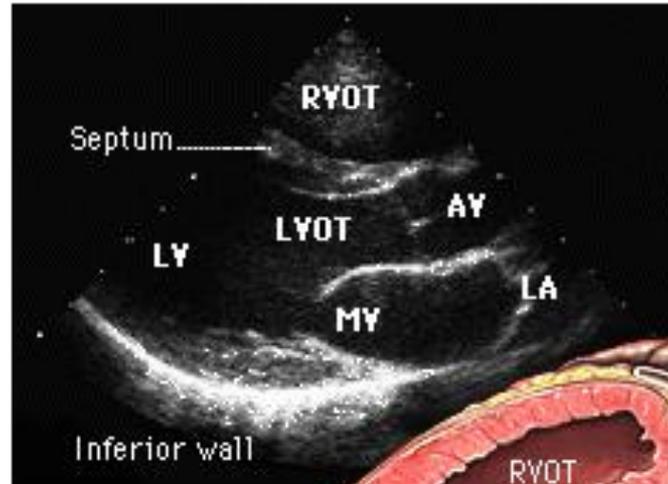
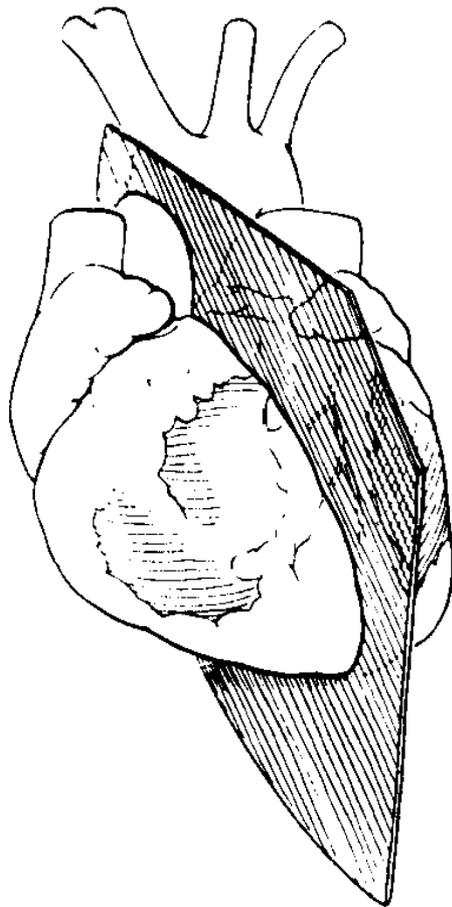
Long Axis Plane



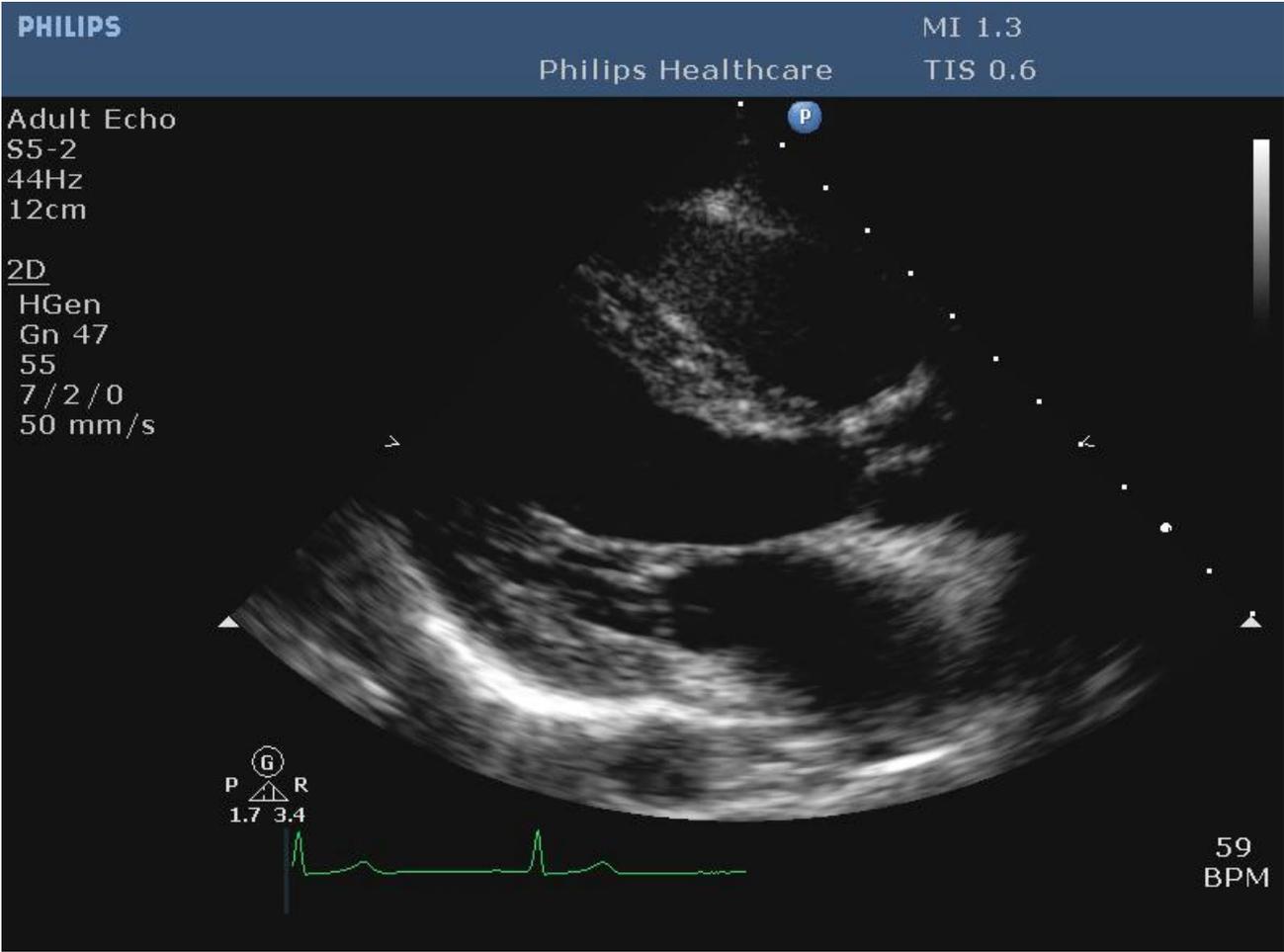
Apical Plane



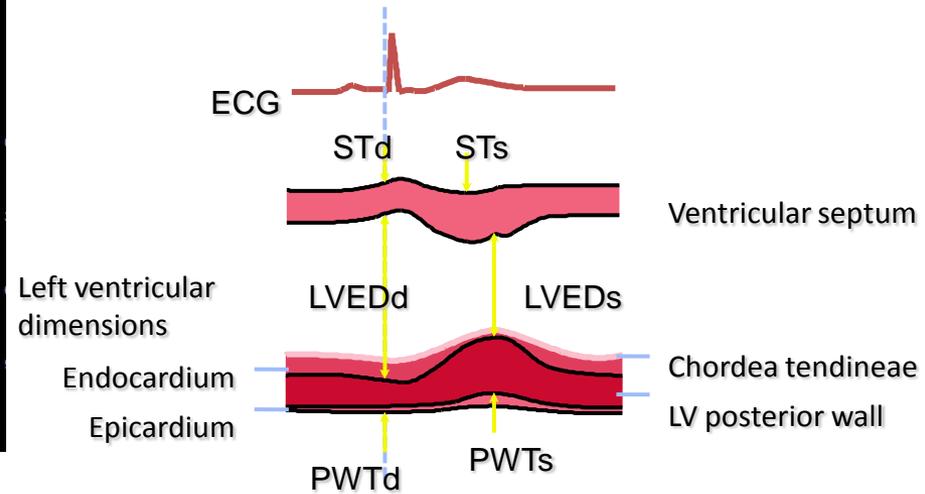
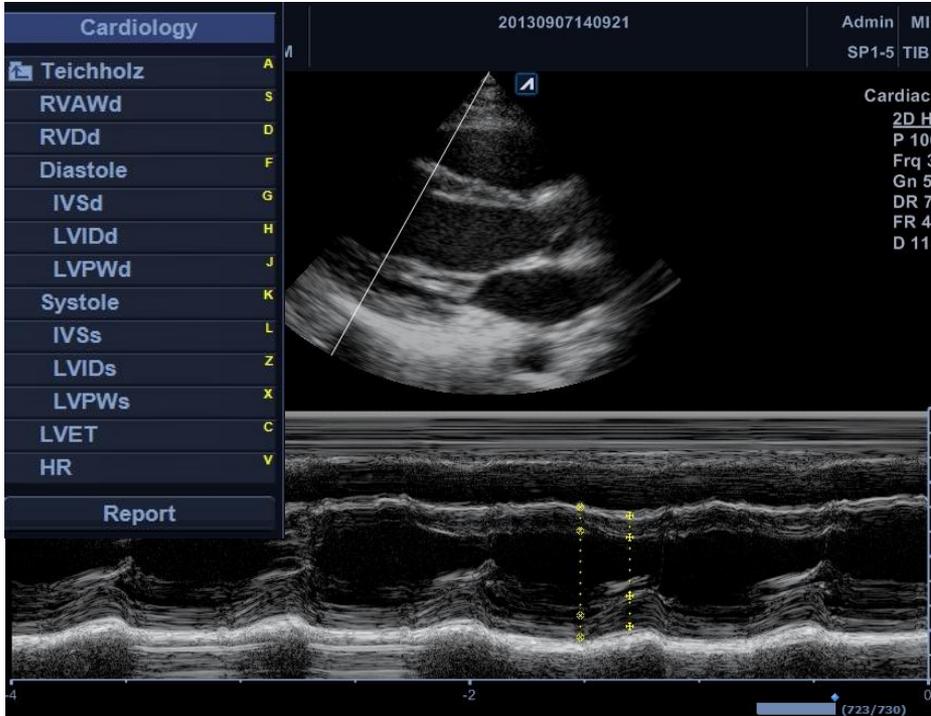
# Parasternal Long Axis View ( PLAX )



# Parasternal Long Axis View ( PLAX )



# Parasternal Long Axis View ( PLAX )

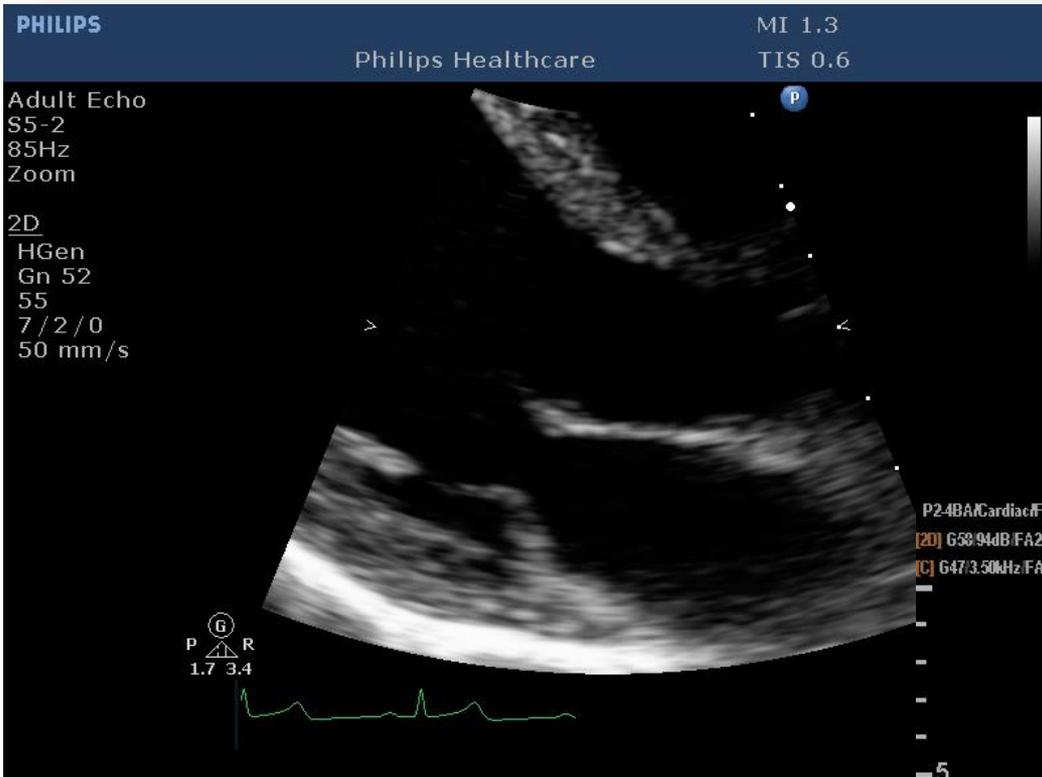


## Systolic Function

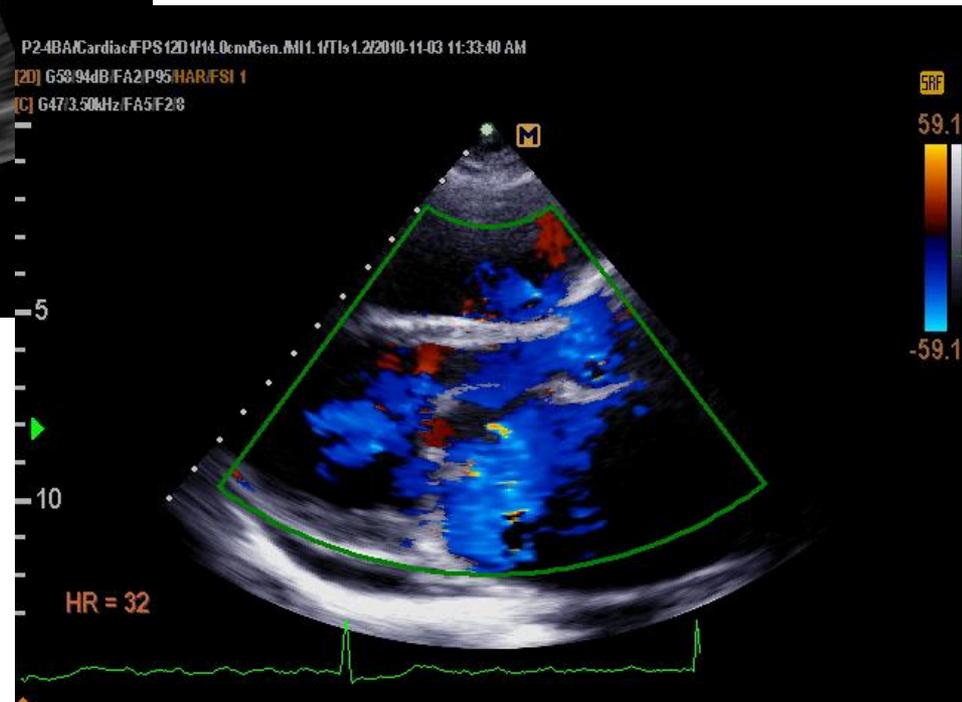
- Systolic Function = Ejection Fraction
- Evaluated by M-mode and Simpson's Method
- Assessment of left ventricle systolic function is an important clinical variable with respect to diagnosis, prognosis and treatment

$$\frac{\mathbf{EDV - ESV}}{\mathbf{EDV}} \times \mathbf{100} \Rightarrow \mathbf{EF}$$

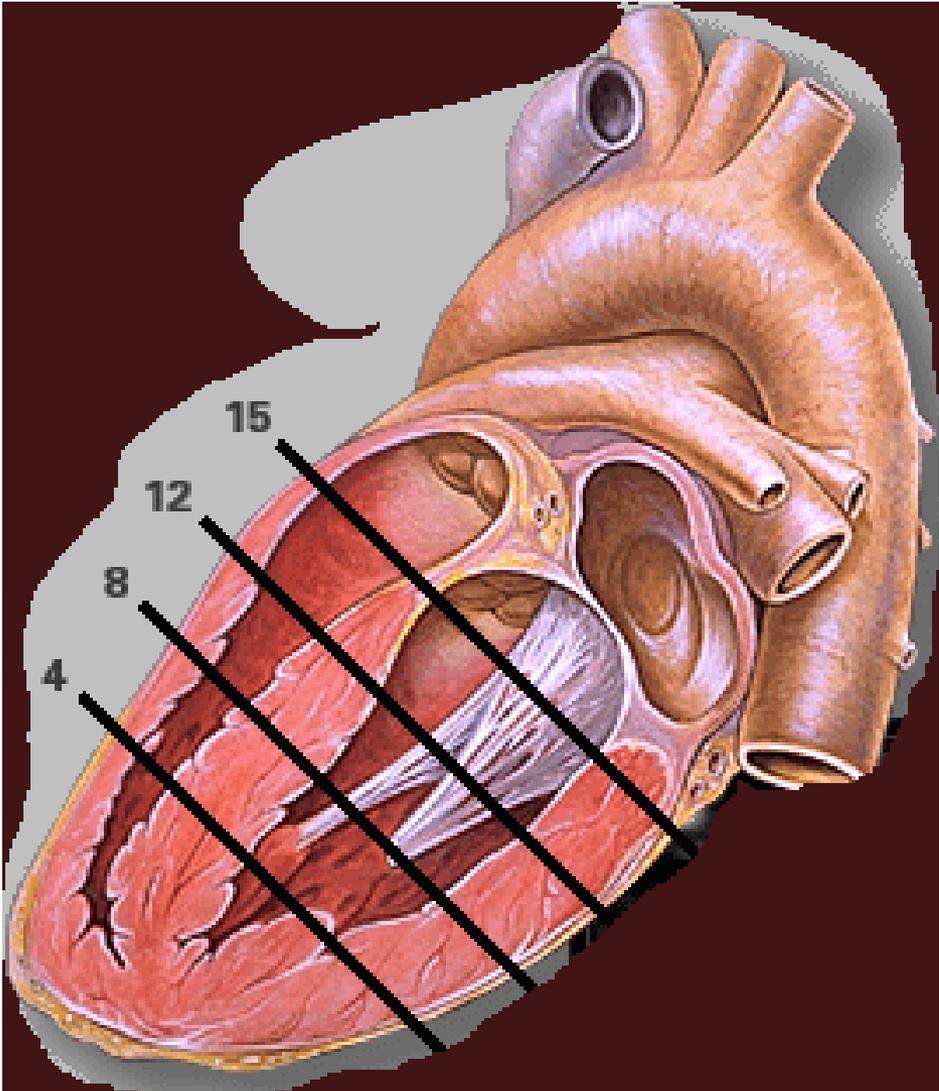
# Parasternal Long Axis View ( PLAX )



- LVOT Diameter
- LVOT stroke volume  
 $= 0.785 * D^2 * LVOT_{TVI}$
- Left Atrium Diameter
- Ascending Ao

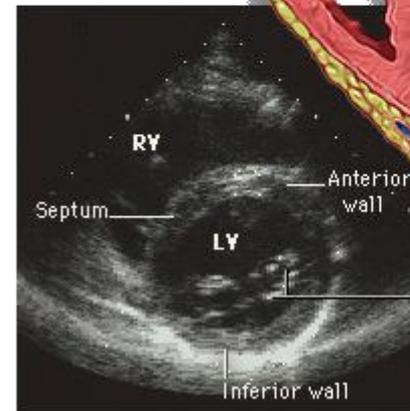
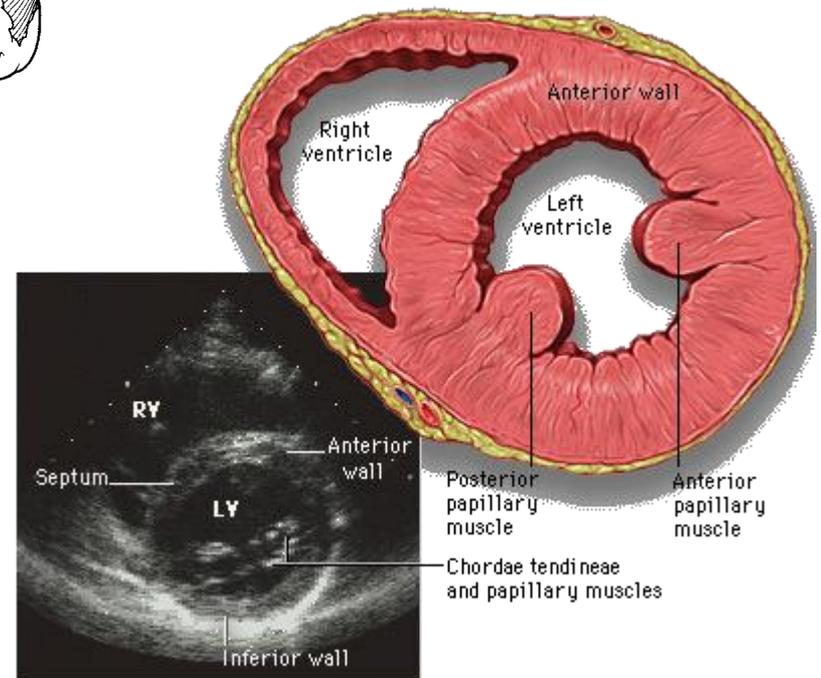
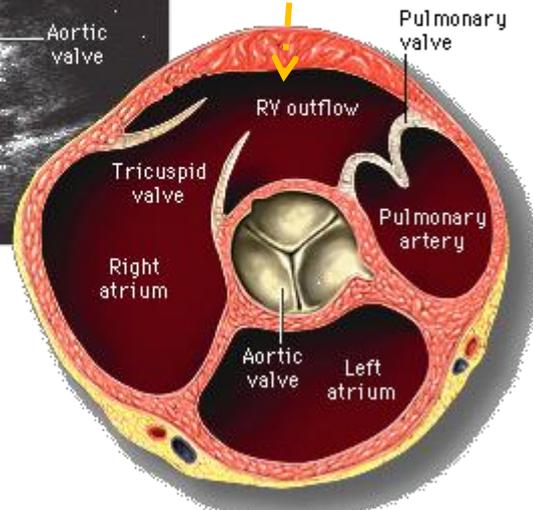
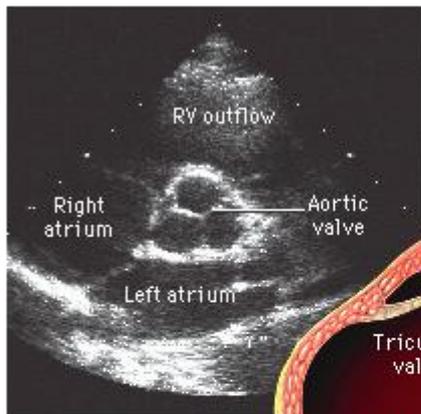
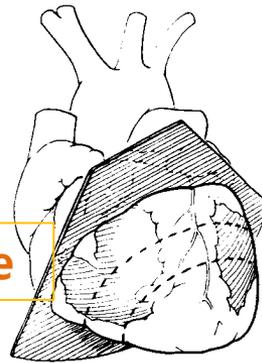


# Parasternal Short Axis Scan



# Parasternal Short Axis View

- Aortic Valve cusp
- Regurgitation
- Left Ventricle shape, width
- pressure overload
- RV size



# Parasternal Short Axis Scan

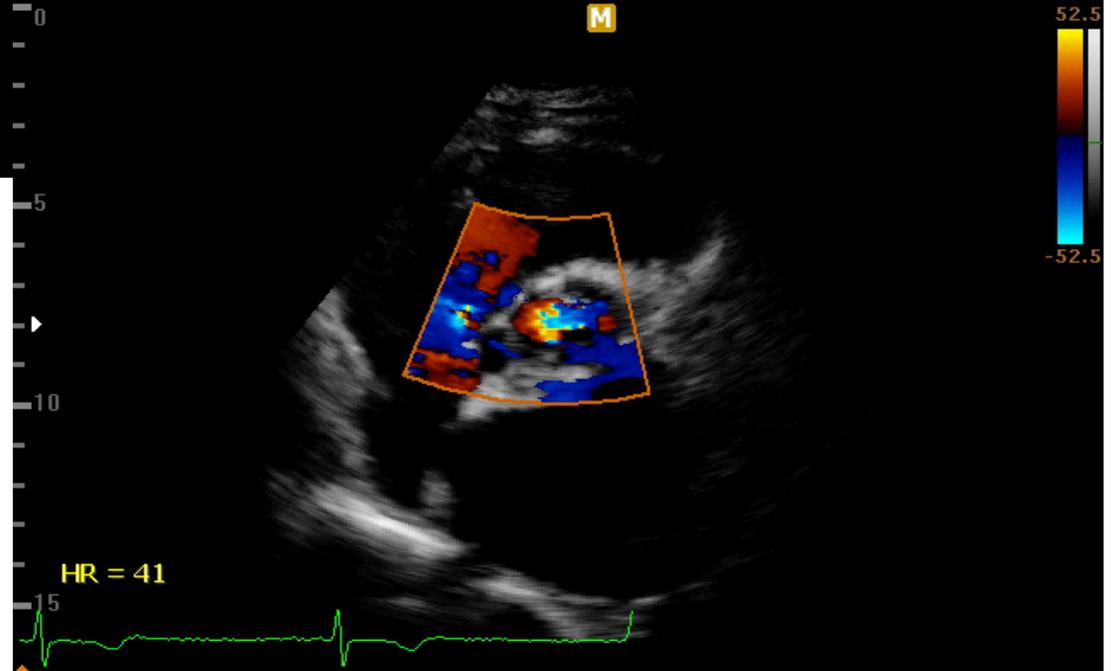


- Aortic Valve cusp
- Regurgitation

P2-4BA/Cardiac/FPS14D1/16.0cm/Gen./MI1.1/TI1.0/2009-07-10 10:13:52 AM

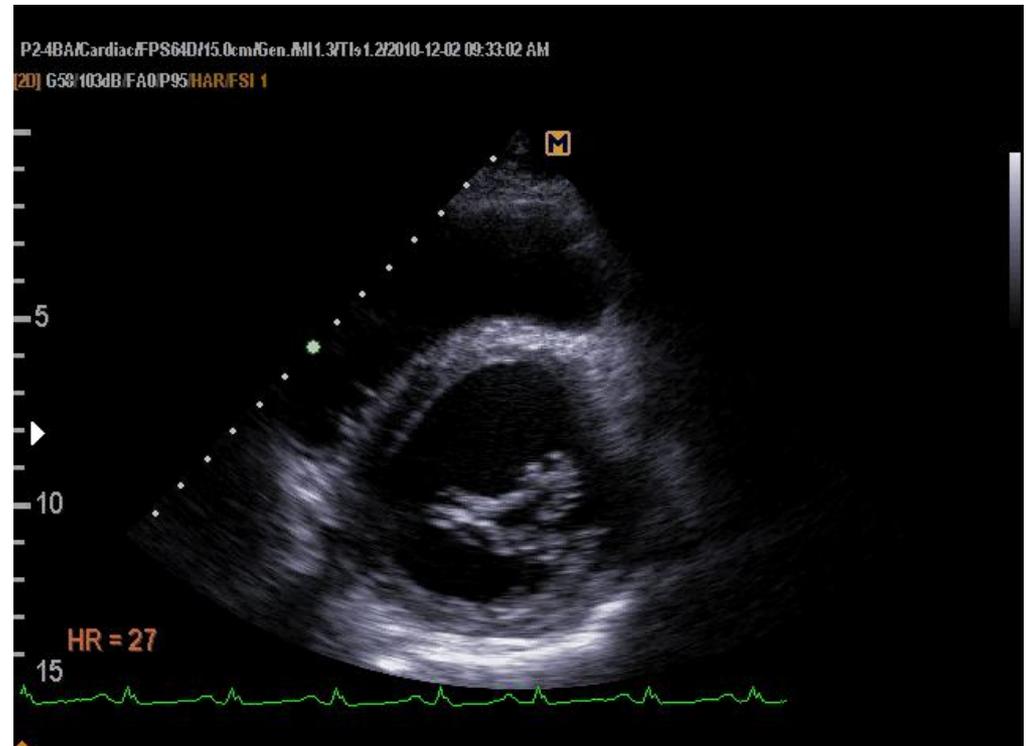
[2D] G57/87dB/FA0/P90/HAR/FSI 1

[C] G45/3.50kHz/FA2/F2/8

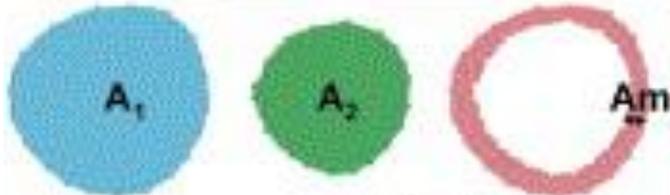
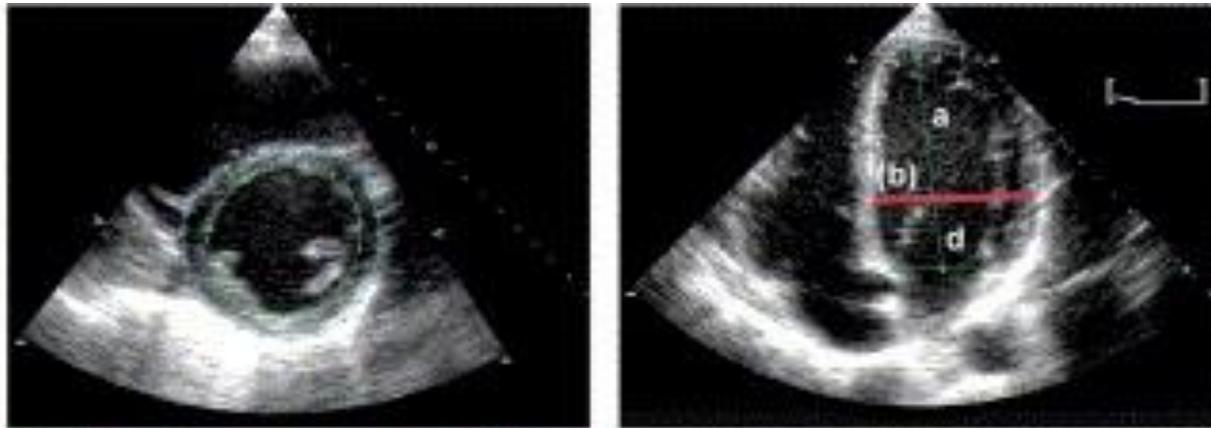


# Parasternal Short Axis scan

- Regurgitation
- Mitral Valve & chordae, calcification
- pressure overload
- Apex movement



# Left Ventricular Mass



$$A_m = A_1 - A_2$$

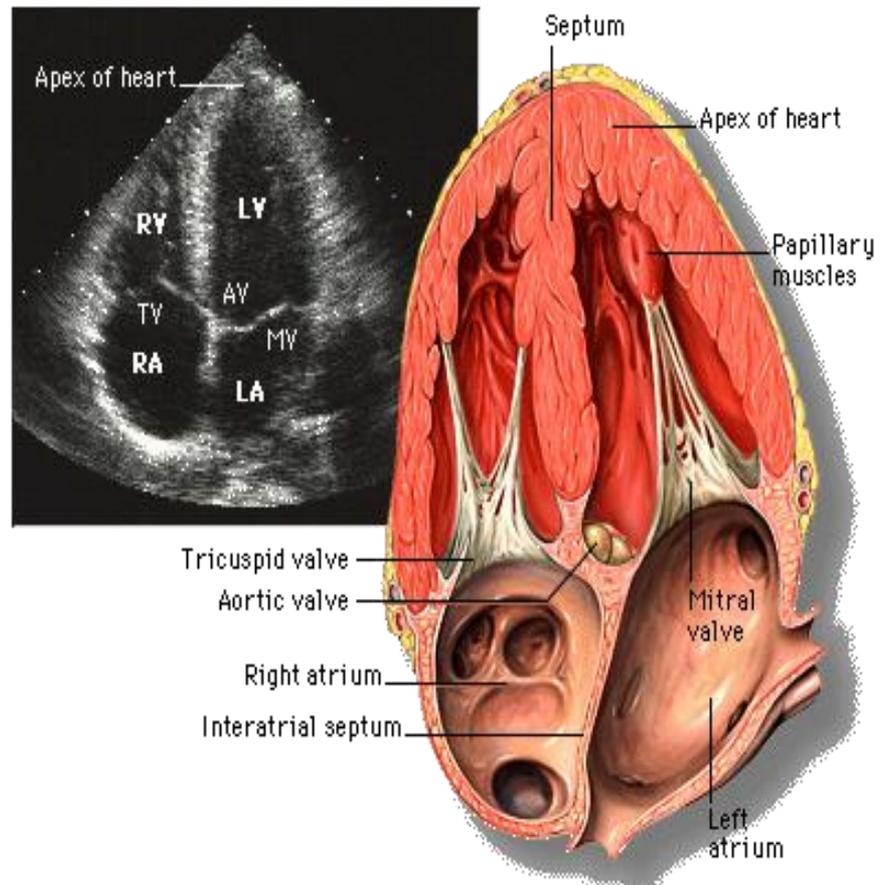
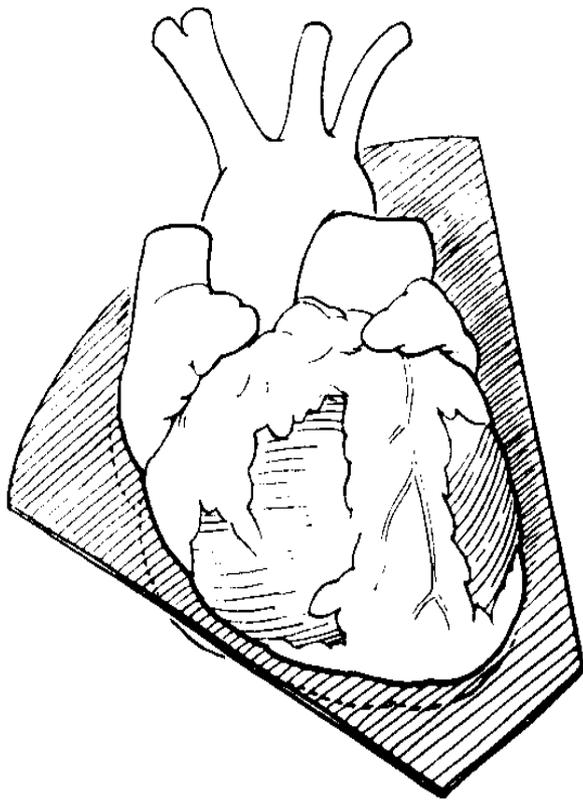
$$b = \sqrt{\frac{A_2}{\pi}} \quad t = \sqrt{\frac{A_1}{\pi}} - b$$

$$\text{LV Mass (AL)} = 1.05 \left\{ \left[ \frac{5}{8} A_1 (a+d+t) \right] - \left[ \frac{5}{8} A_2 (a+d) \right] \right\}$$

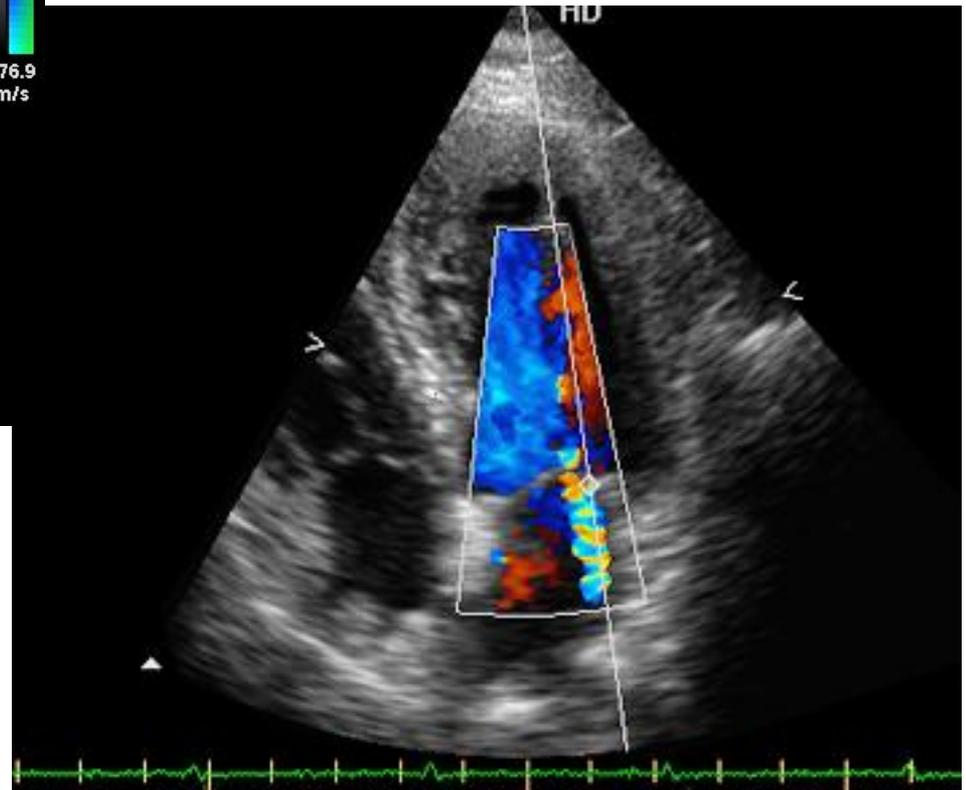
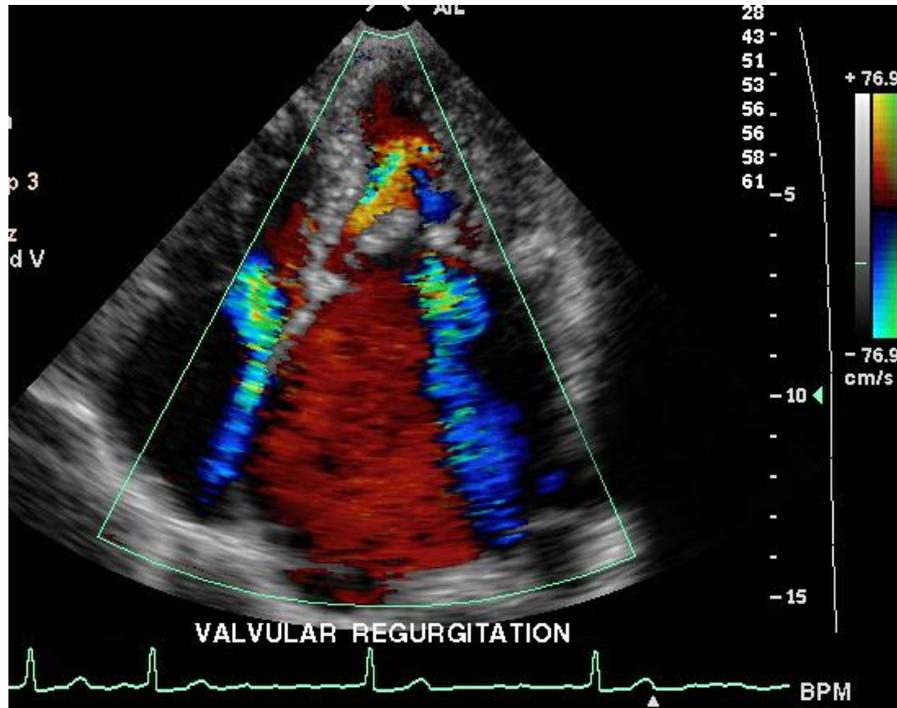
$$\text{LV Mass (TE)} = 1.05 \times \left\{ (b+t)^2 \left[ \frac{2}{3} (a+1) + d - \frac{d^3}{3(a+t)^2} \right] - b^2 \left[ \frac{2}{3} a + d - \frac{d^3}{3a^2} \right] \right\}$$

# Apical 4 chamber View

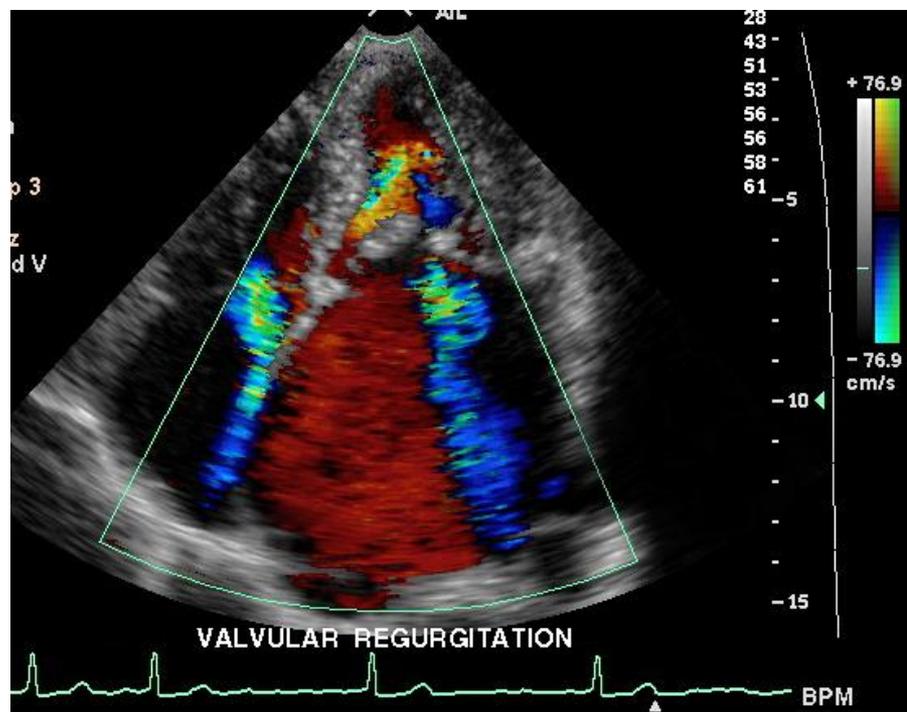
- Mitral V, Tricuspid V's shape
- Each Chamber's size, measure EF,
- Apical thrombosis



# Apical 4 chamber- measurements



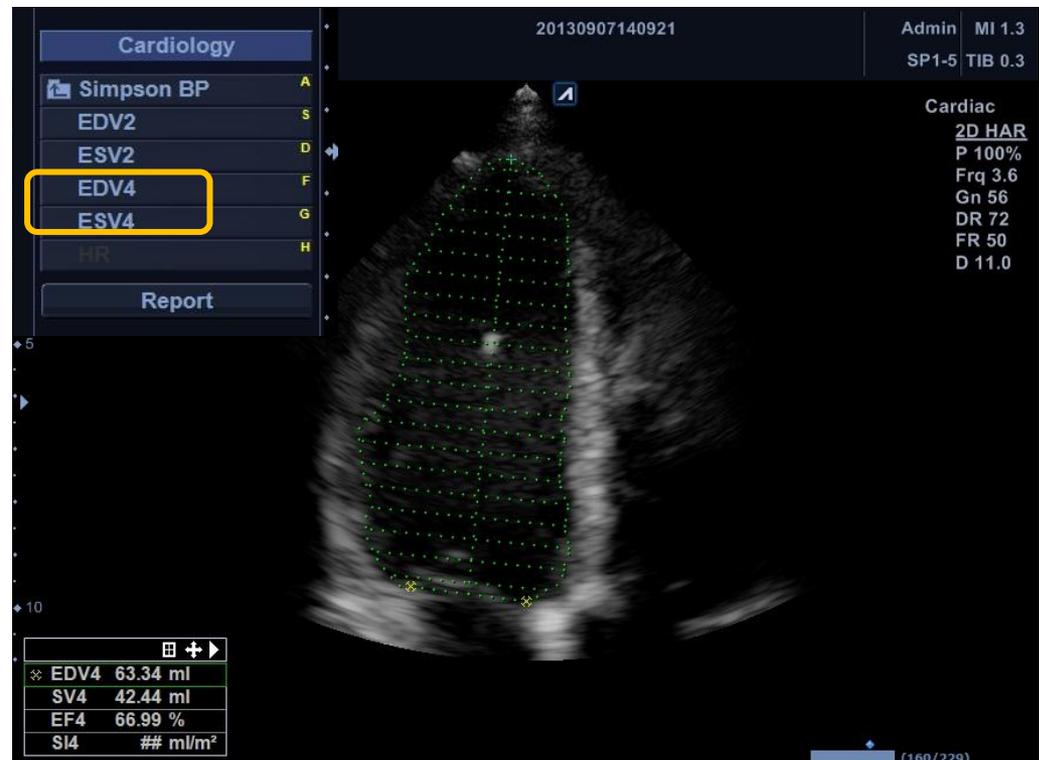
# Apical 4 chamber- regurgitation flow



# Apical 4 chamber- systolic Function

## Biplane Simpson's method (Modified Simpson's method)

- LV volumes is measured from annulus to annulus tracing along the endocardial border of the LV
- Single 4chamber EF or bi-plane EF ( 4ch.+ 2ch )



### [Pitfalls]

- Not foreshortening of LV
- The diastolic and systolic volume are measured in the same cardiac cycle.

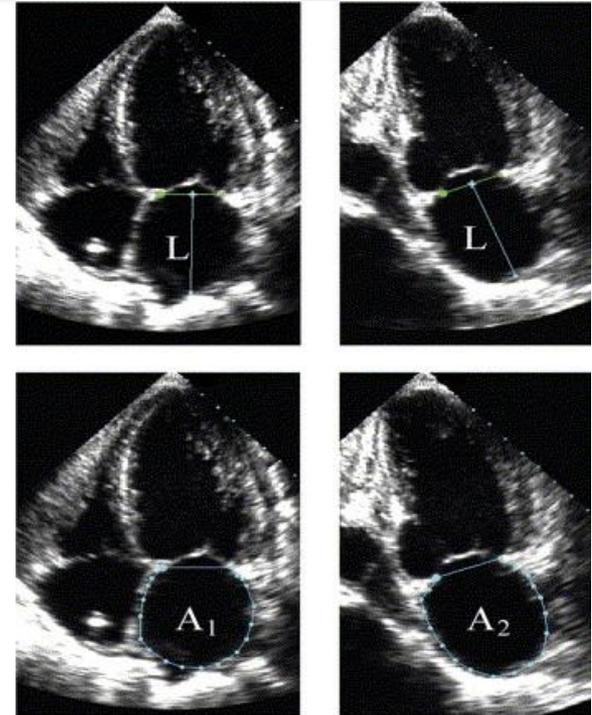
# Apical 4 chamber- diastolic Function

## LA volume

- LA volumes is measured from annulus to annulus tracing along the endocardial border of the Left atrium( 4ch+ 2ch)
- LA diameter "L"

### *[Pitfalls]*

- *Systole phase : measure at the largest LA*
- *Sympson method, or ASE standard*



A4C

A2C

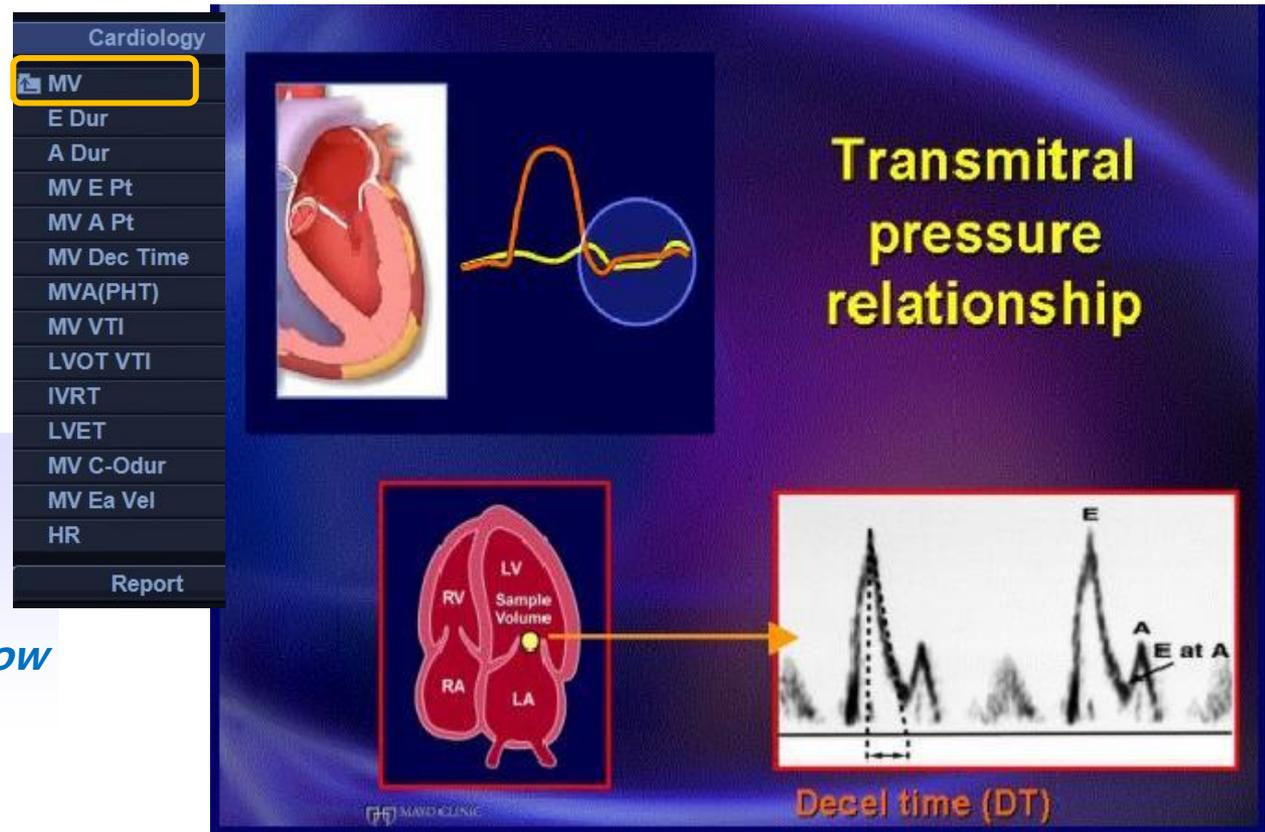
Left Atrial  
Volume =  
$$\frac{8}{3}\pi[(A_1)(A_2)/(L)]^*$$

\* (L) is the shortest  
of either the A4C  
or A2C length

# Apical 4 chamber- diastolic Function

## Mitral Inflow and Septal Tissue doppler , and pulmonary vein doppler

- Mitral Inflow ; Peak E vel., Deceleration Time, Peak A vel., IVRT
- Septal TDI ; systole s`, diastole e` and a`



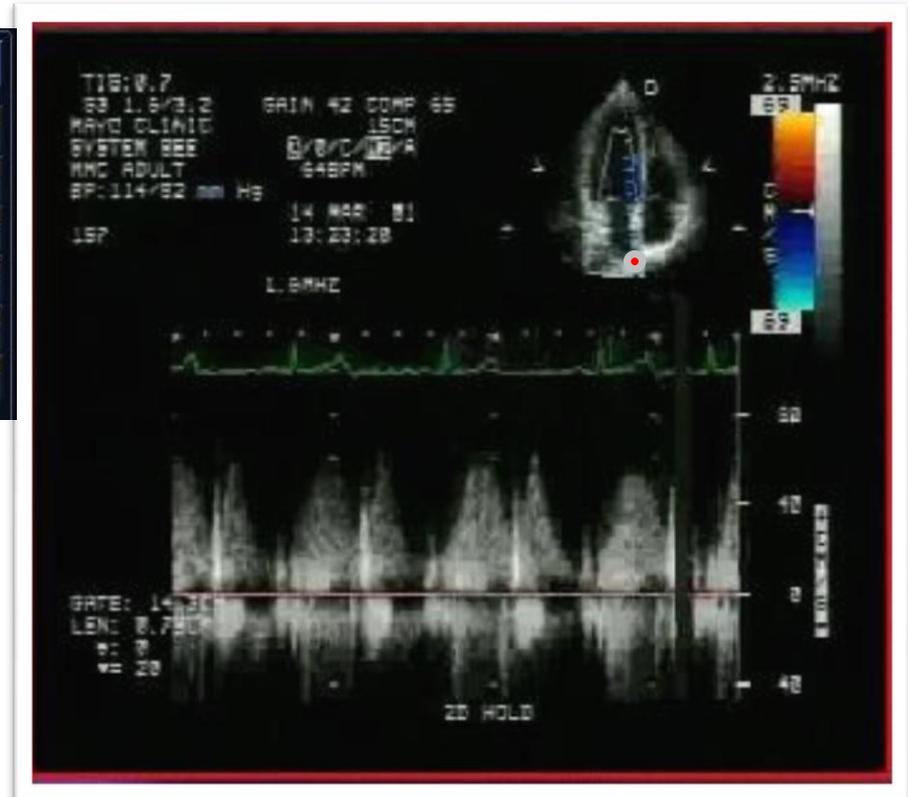
### [Pitfalls]

- Location of PW gate differ from Mitral inflow
- Septal TDI

# Apical 4 chamber- diastolic Function

## Mitral Inflow and Septal Tissue doppler , and pulmonary vein doppler

- Pul.Vein : Systole, Diastole , A reversal



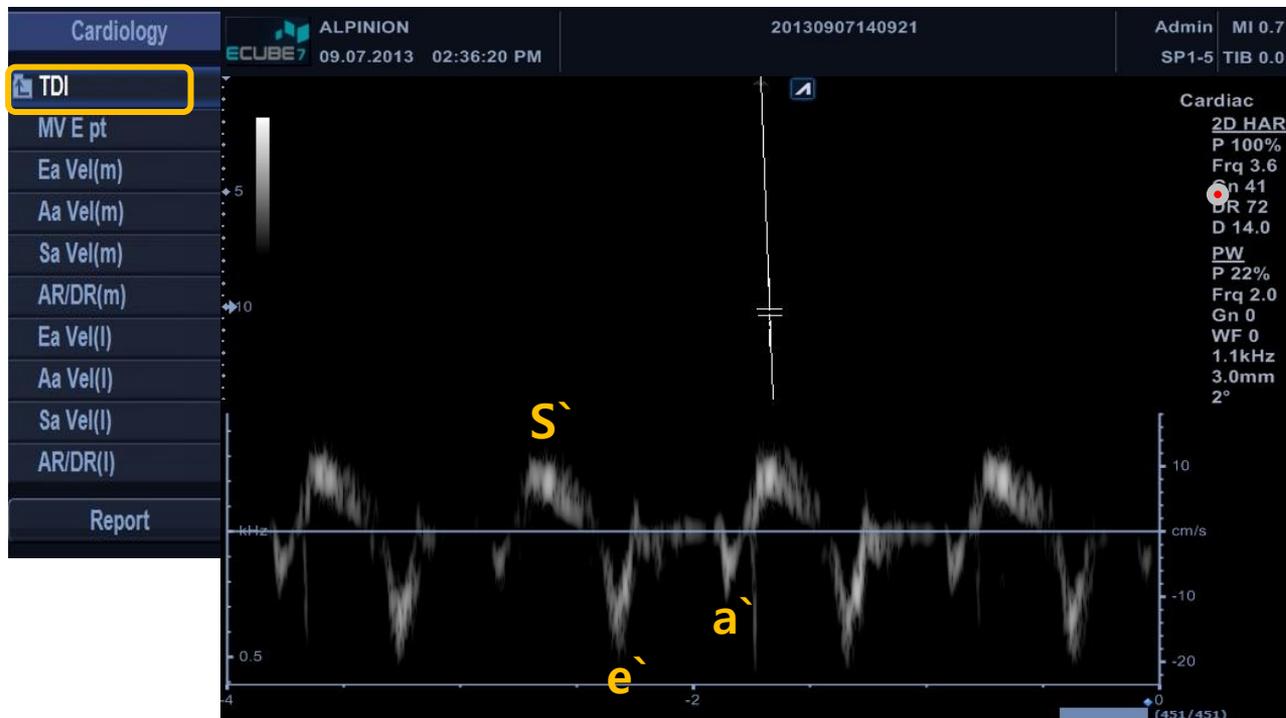
### *[Pitfalls]*

- *PW gate location*
- *0.5~1cm below to the Pul.vein*

# Apical 4 chamber- diastolic Function

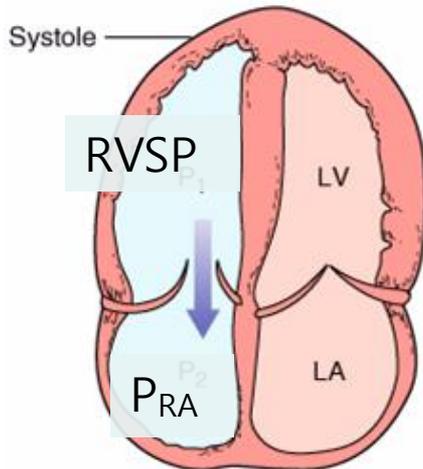
## Diastolic function

- Requirements :
  - TDI : Ea Vel or MV Ea Vel.
  - >> E/E' value : 8 normal 15> abnormal



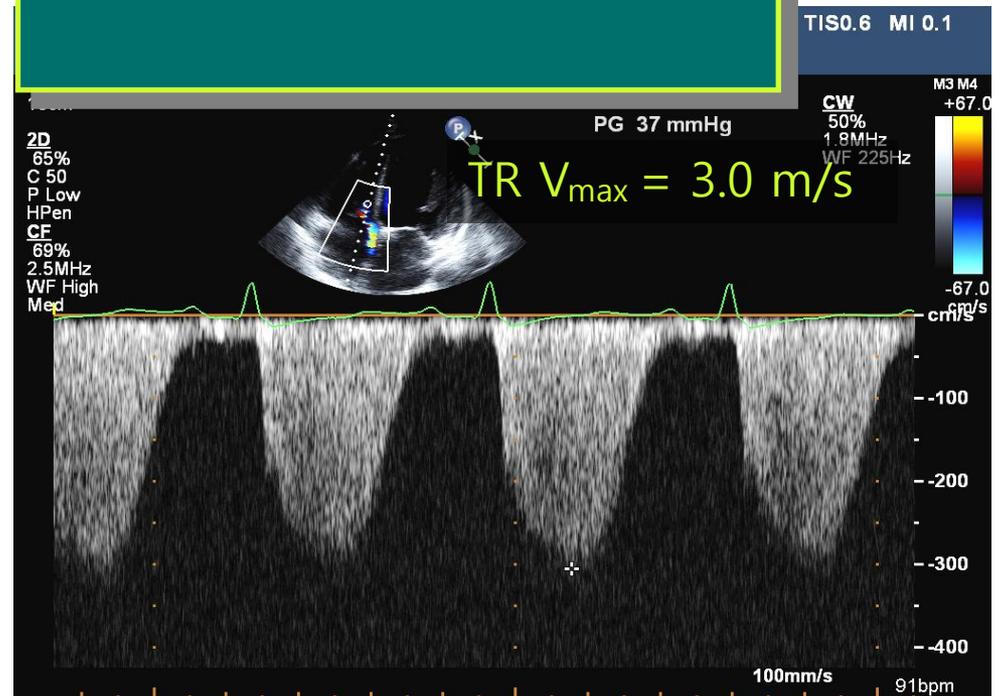
# Apical 4 chamber- Tricuspid Regurgitation

## ■ Right Ventricle Systolic Pressure



$$RVSP - P_{RA} = 4V^2$$

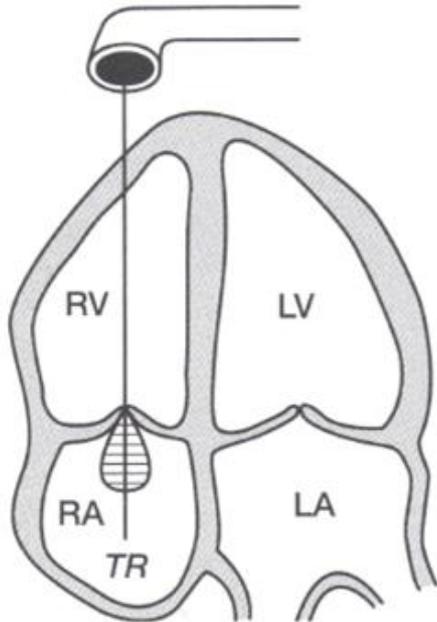
$$RVSP = 4V^2 + P_{RA}$$



# Apical 4 chamber- Tricuspid Regurgitation

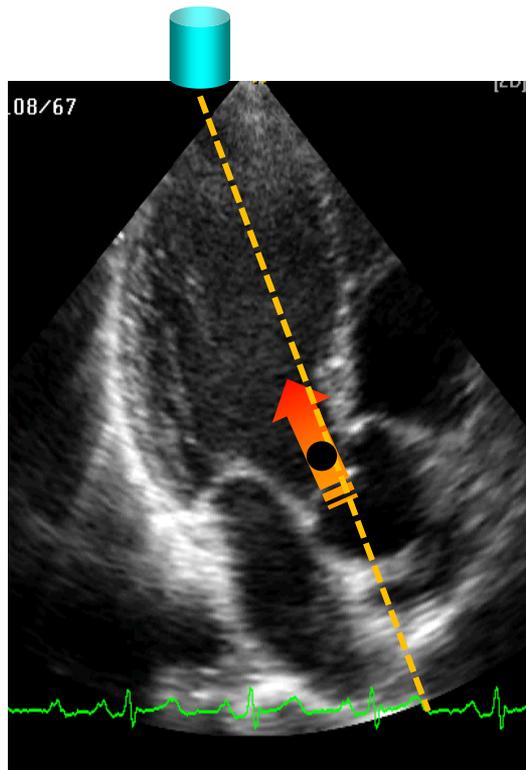
## ■ Pulmonary Artery Systolic Pressure

*Without PV stenosis, PASP = RVSP*

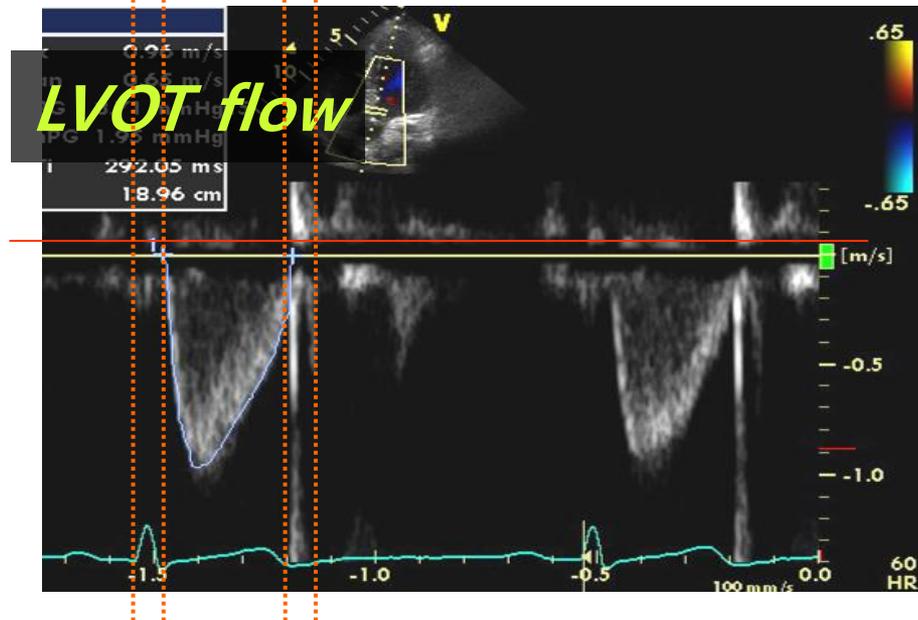
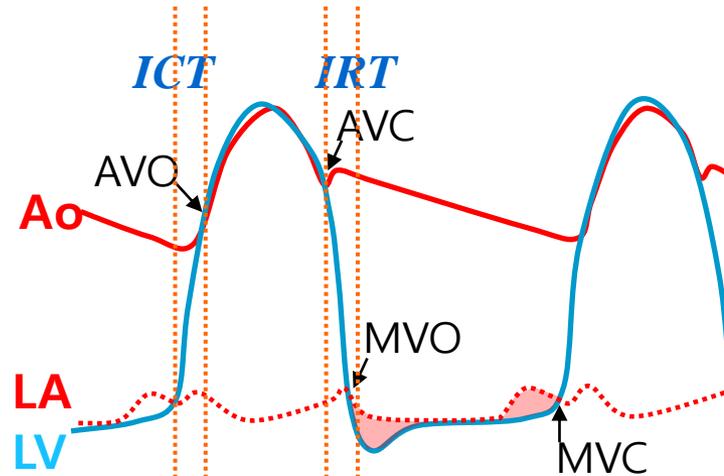


$$RVSP = 4 (V_{TR})^2 + RAP$$

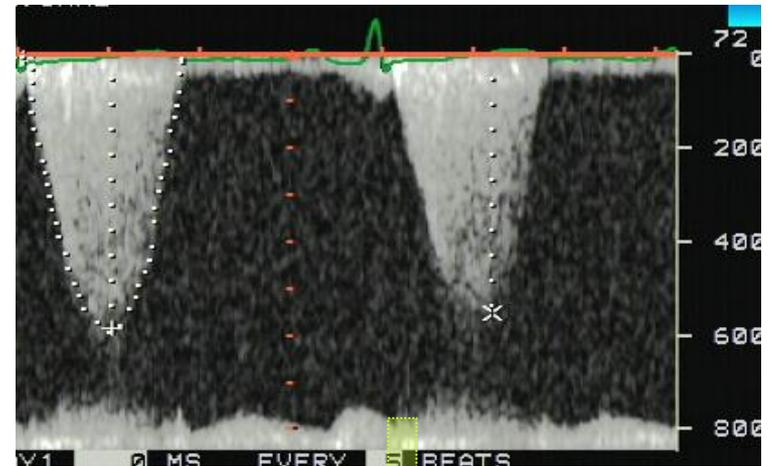
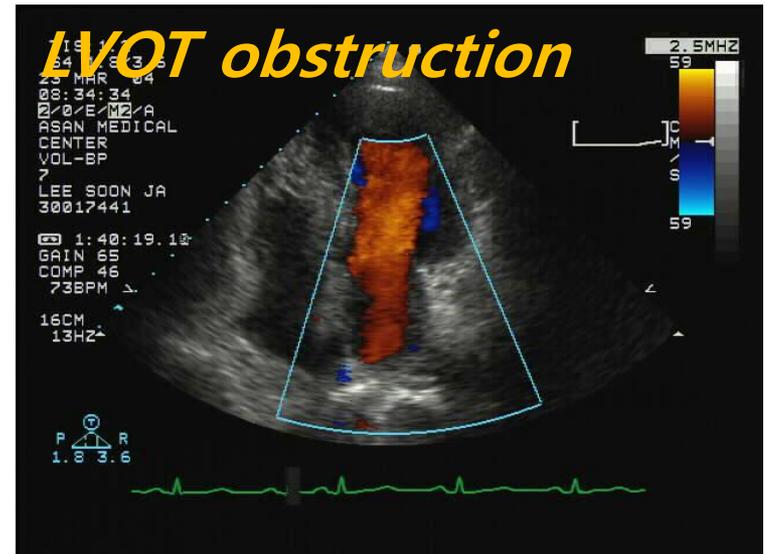
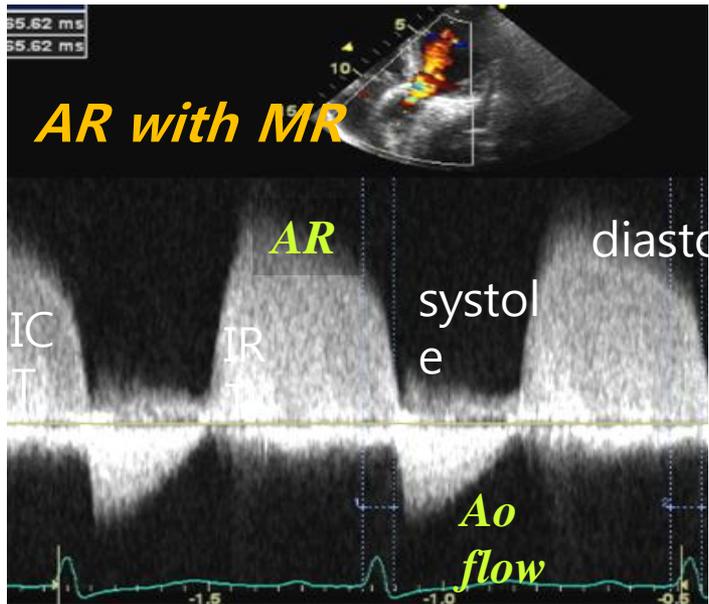
# Apical 5 chamber View



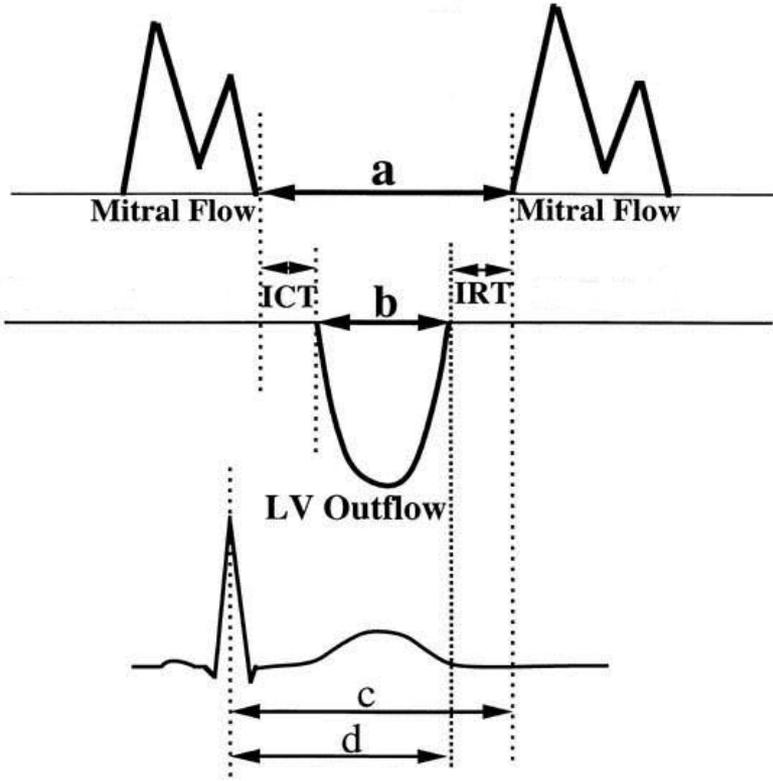
Apical 5 chamber



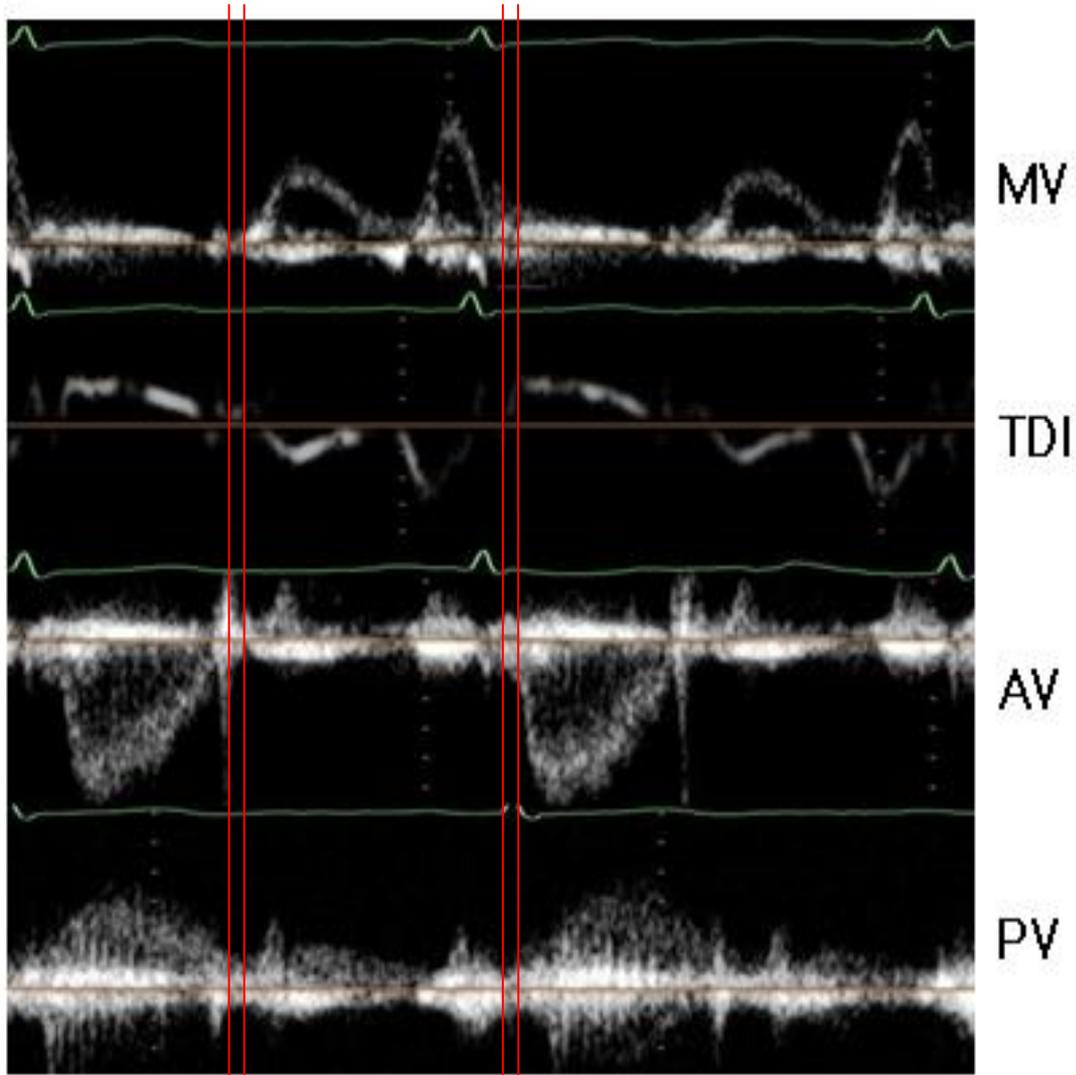
# Apical 5 chamber View



# Myocardial Performance Index



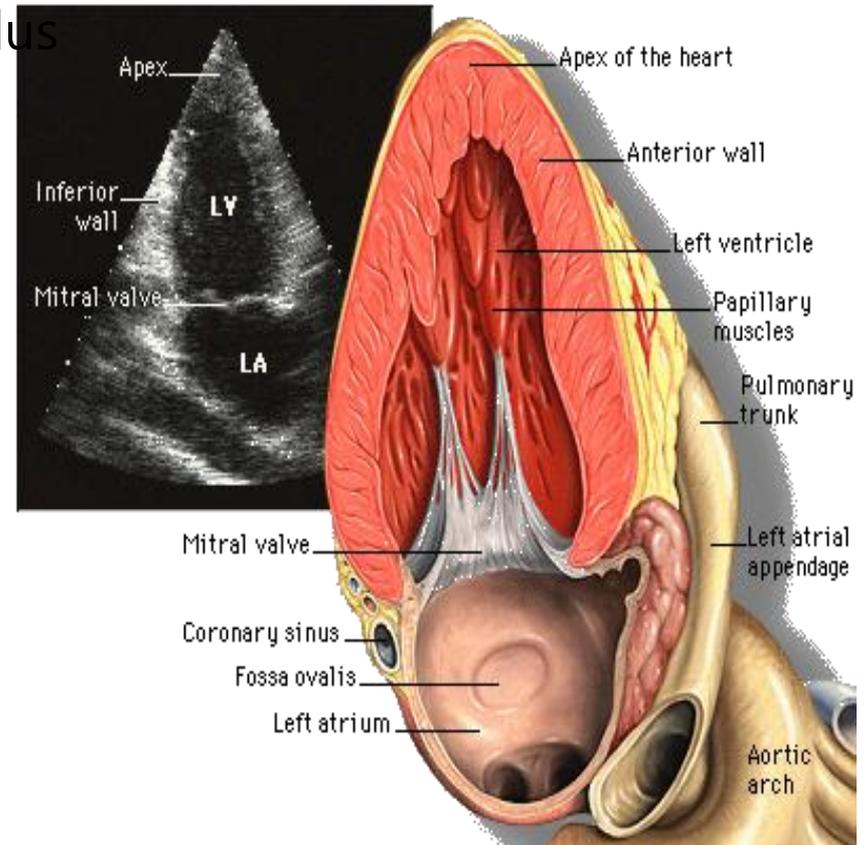
# doppler alignment by ECG gating



# Apical 2 chamber View

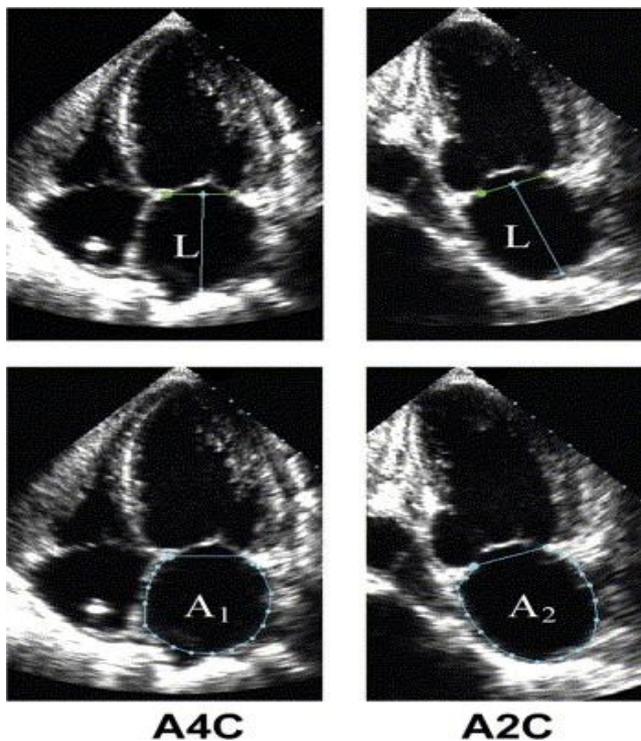
## LA volume or MV, LV wall motion

- LA volumes is measured from annulus to annulus tracing along the endocardial border of the Left atrium( 4ch+ 2ch)
- Wall motion
- Wall thickness
- Valvular & annular morphology
- Mitral regurgitation jet



Apical 2 chamber

# Apical 2 chamber –LA volume



**Left Atrial  
Volume =**  

$$\frac{8}{3}\pi[(A_1)(A_2)/(L)] *$$

\* (L) is the shortest  
of either the A4C  
or A2C length

## □ LA Vol.ml

	ref. range	mild abn.	mod. abn.	sev. abn
women	22-52	53-62	63-72	≥73
men	18-58	59-68	69-78	≥79

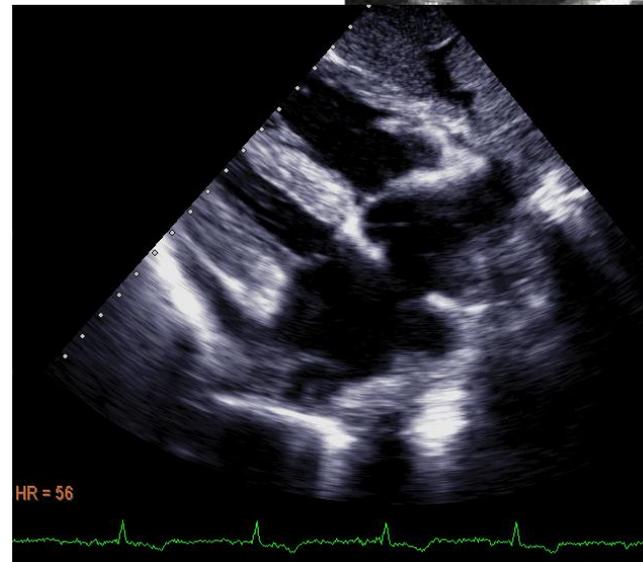
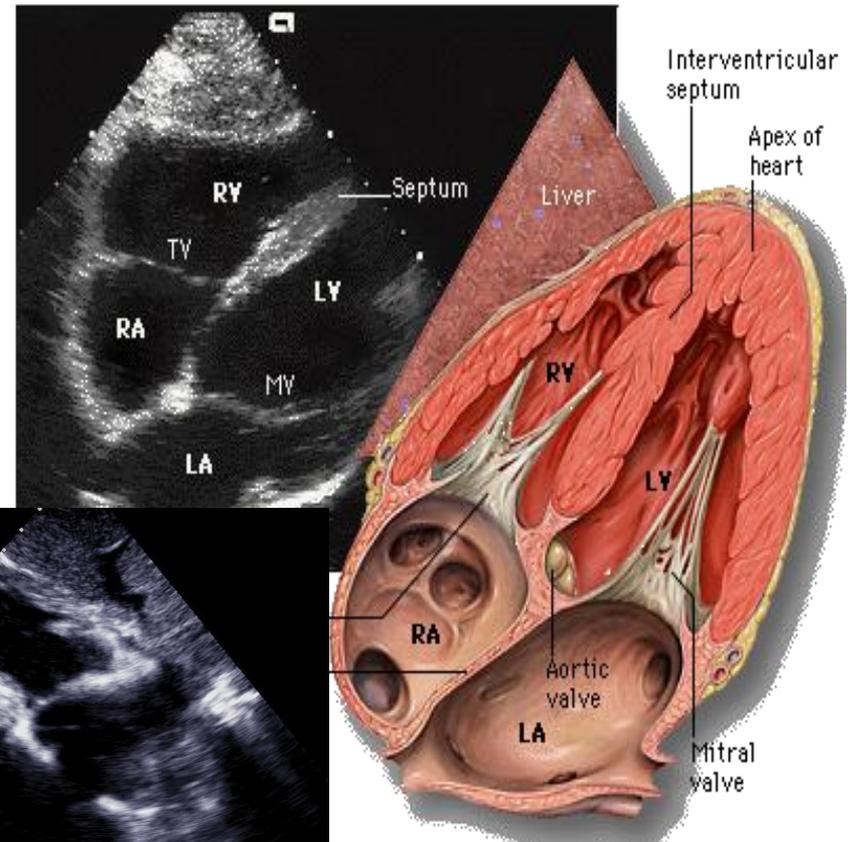
## □ LA vol/BSA, ml/m<sup>2</sup>

	ref. range	mild abn.	mod. abn.	sev. abn
women	22±6	29-33	34-39	≥40
men	22±6	29-33	34-39	≥40

# Subcostal View

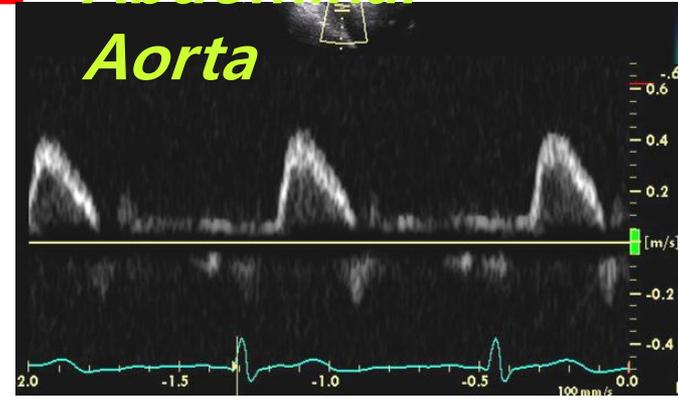
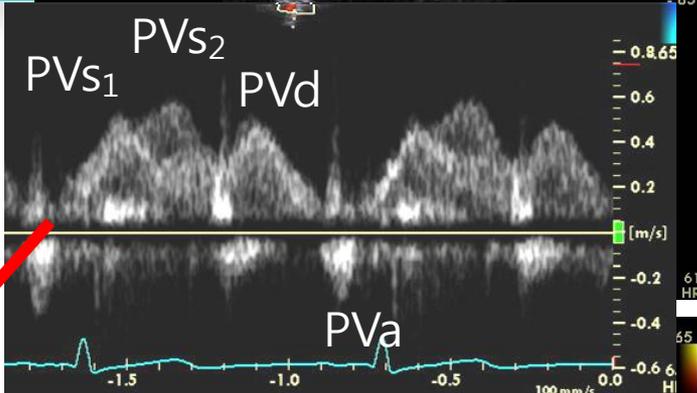
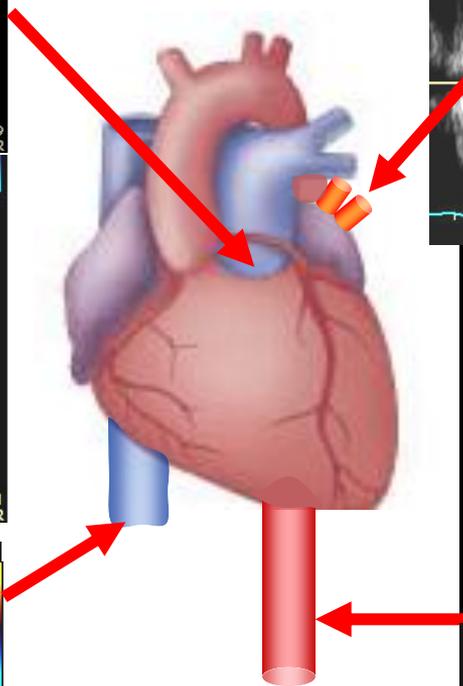
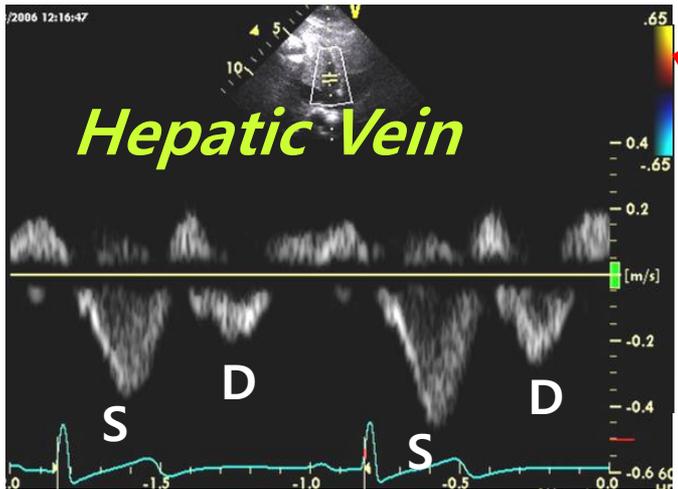
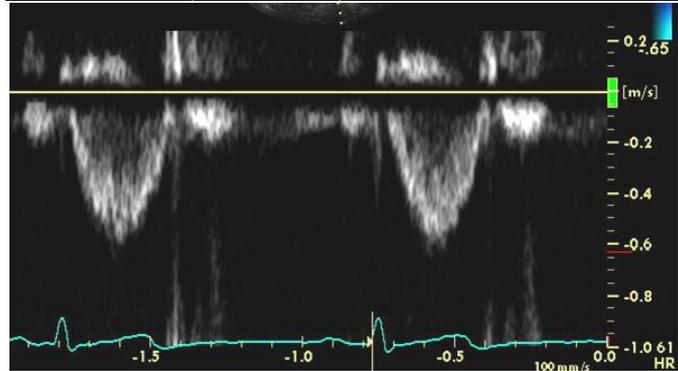
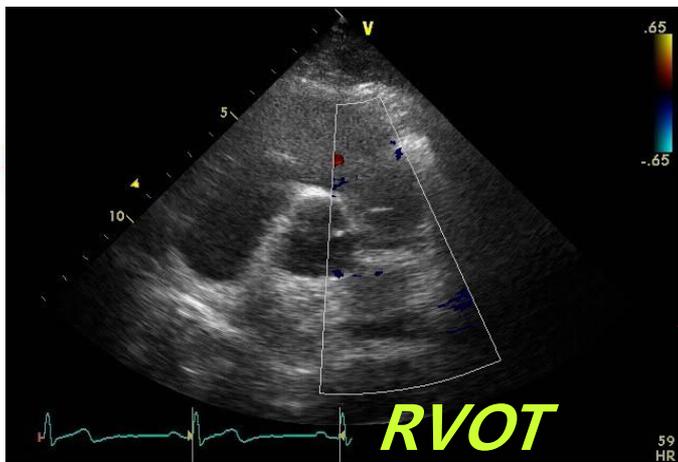
## Atrial septal defect, IVC and abdominal Aorta

- Show entire atrial septum
- Tricuspid regurgitation
- abdominal aorta ( flap, artheroma)
- Change IVC diameter according to respiration
- Hepatic vein flow

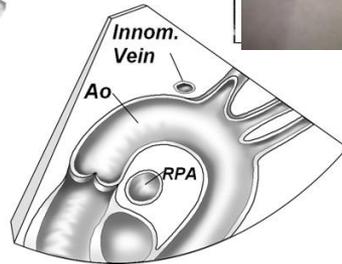
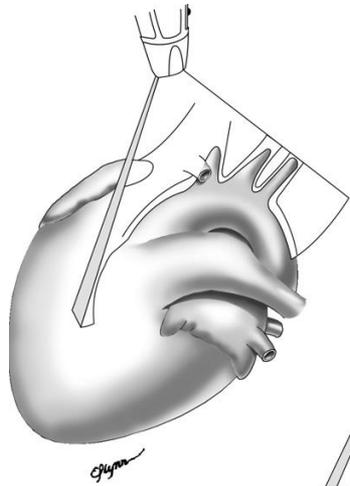


# Subcostal View- M-mode

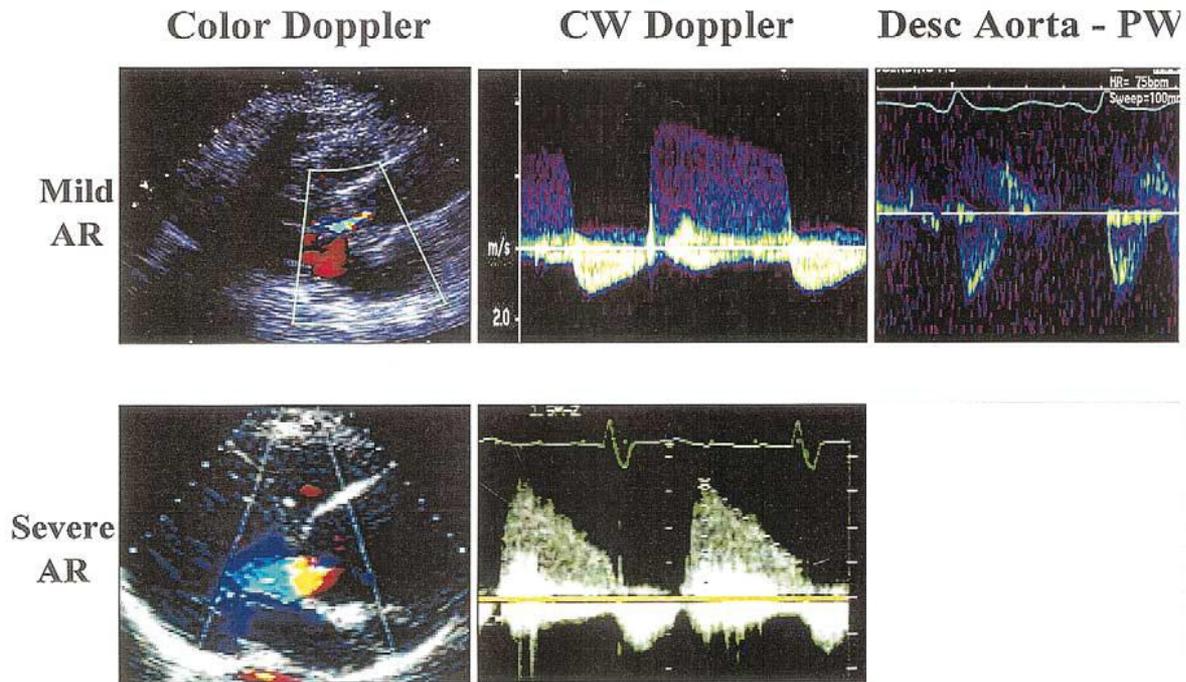




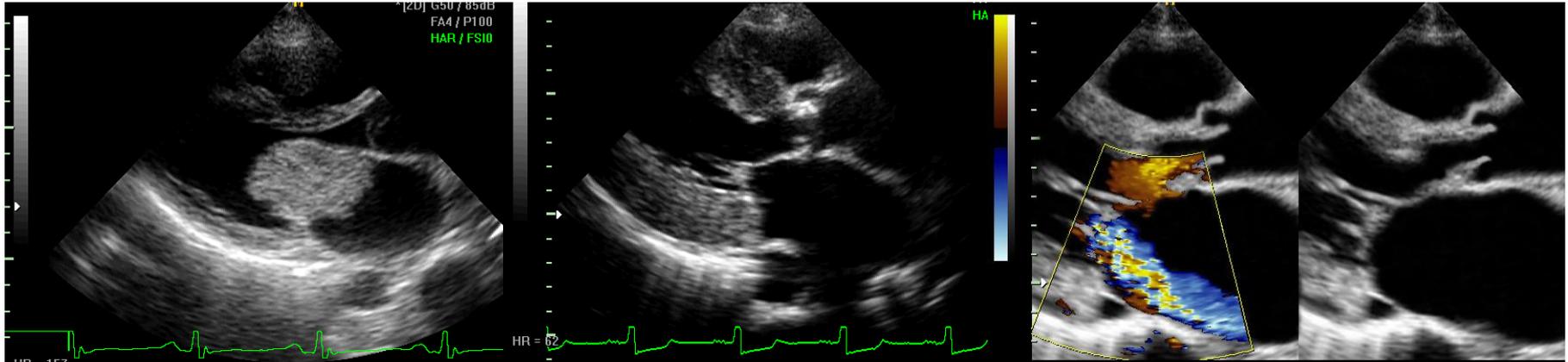
# Suprasternal View



# Suprasternal View- Descending Ao doppler



# Basic & Advanced Measurements



## *Basic Measurements*

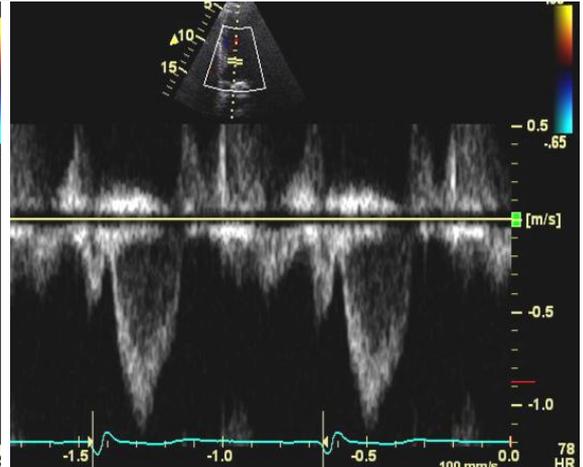
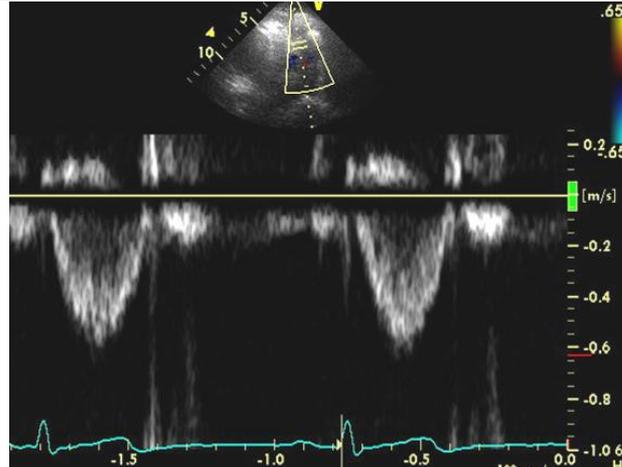
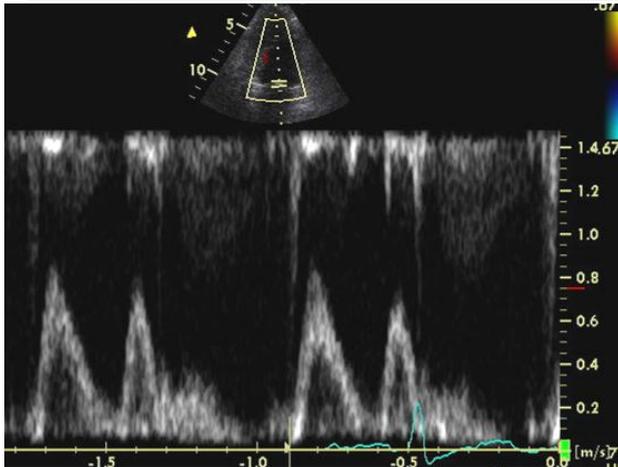
- Systolic function
- Diastolic function

## *Advanced Measurements*

- Valvular Function Evaluation (PISA, Continuity Equation)
- Shunt Study

# Normal Values of Max. Blood Flow Velocities

	Mean	Range
Mitral inflow	0.90 m/s	0.6-1.3 m/s
Tricuspid inflow	0.50 m/s	0.3-0.7 m/s
RVOT flow	0.75 m/s	0.6-0.9 m/s
LVOT flow	0.90 m/s	0.7-1.1 m/s
AV flow	1.35 m/s	1.0-1.7 m/s



## Basic Calculation

- Bernoulli equation  
Pressure Gradient =  $4V^2$

## Doppler Equation

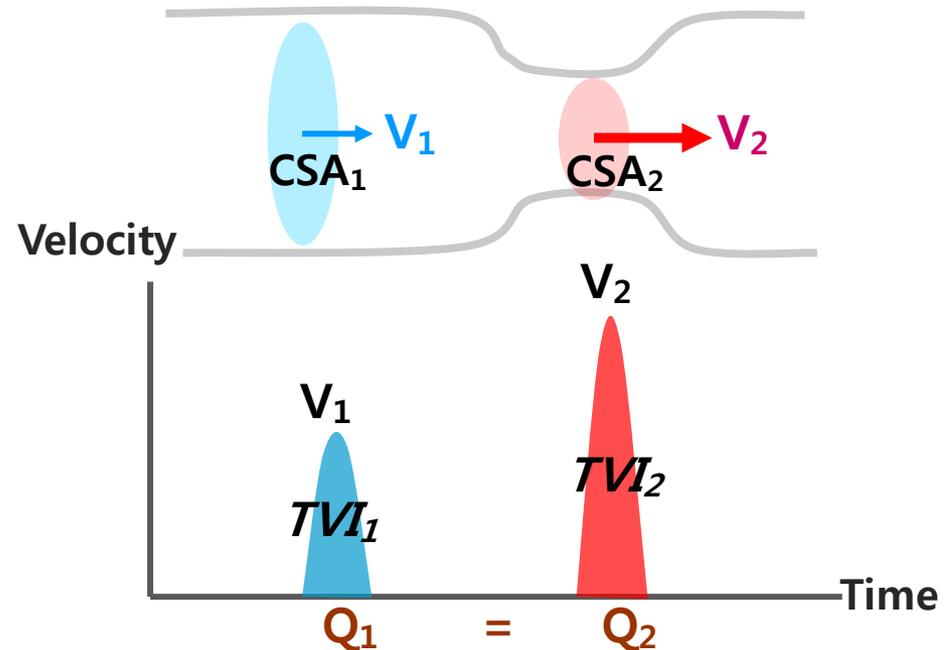
$$\pm \Delta f = f_r - f_0$$

$$\Delta f = \frac{2 f_0 V \cos \theta}{C}$$

$$V = \frac{C \Delta f}{2 f_0 \cos \theta}$$

## Advanced Measurements

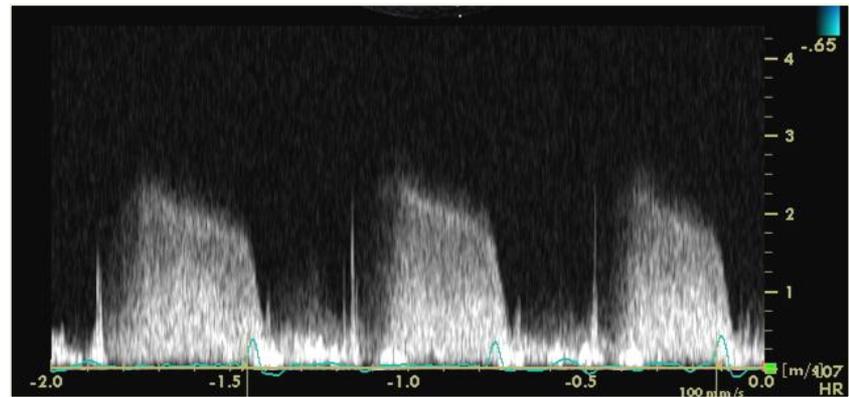
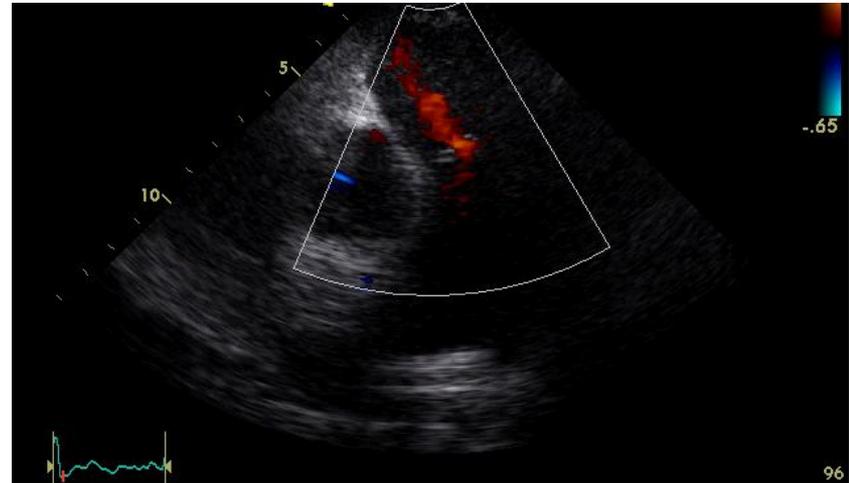
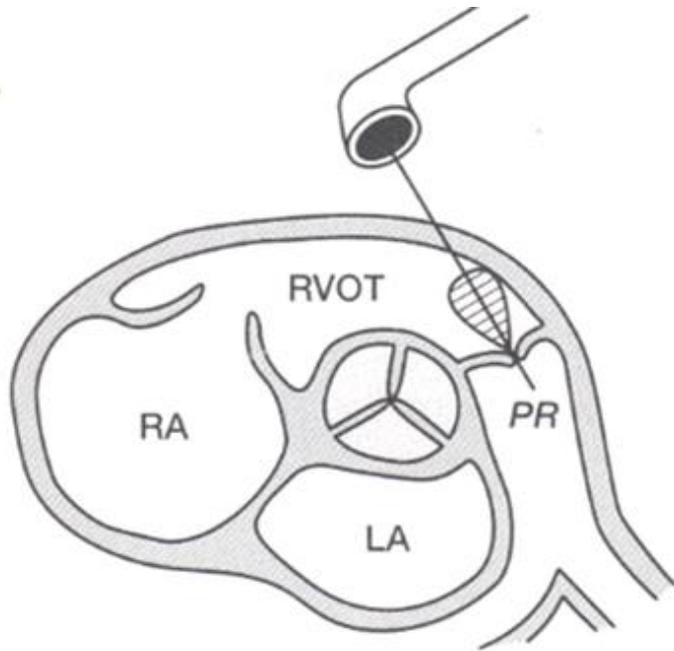
- Continuity Equation
- Valve area, Shunt Study
- PISA method



$$CSA_1 \times TVI_1 = CSA_2 \times TVI_2$$

# Pulmonary Artery Diastolic Pressure

- Mean PA pr =  $4 (V_{\text{peak}})^2$
- PA end-diastolic pr  
=  $4 (V_{\text{ED}})^2 + \text{RVEDP}$   
=  $4 (V_{\text{ED}})^2 + \text{RA pressure}$

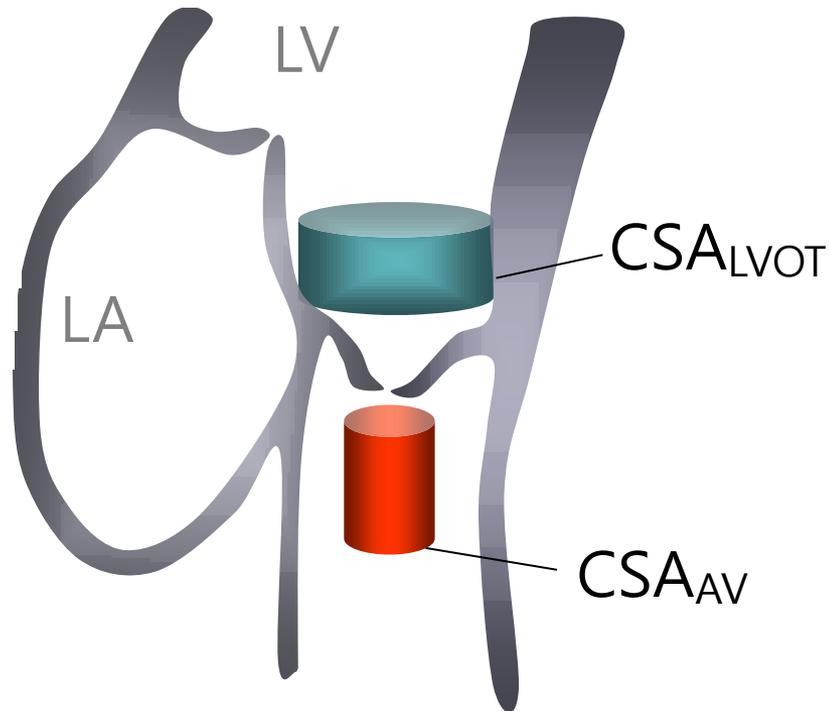


# AVA by Continuity Equation

## Continuity Equation

$AV\ flow = LVOT\ flow$

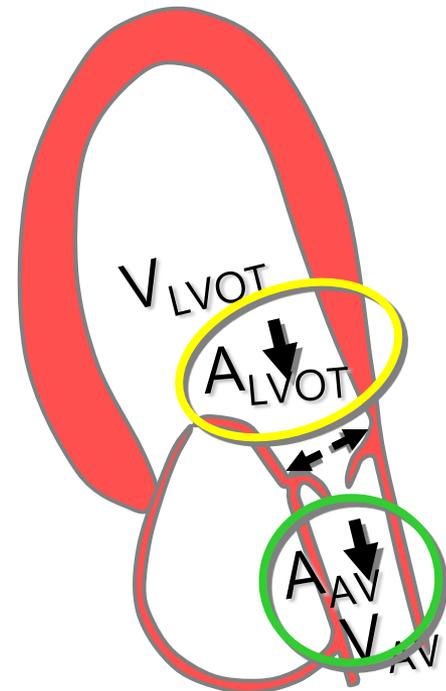
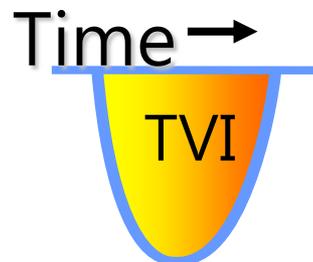
$$CSA_{AV} \times TVI_{AV} = \underline{CSA_{LVOT} \times TVI_{LVOT}}$$



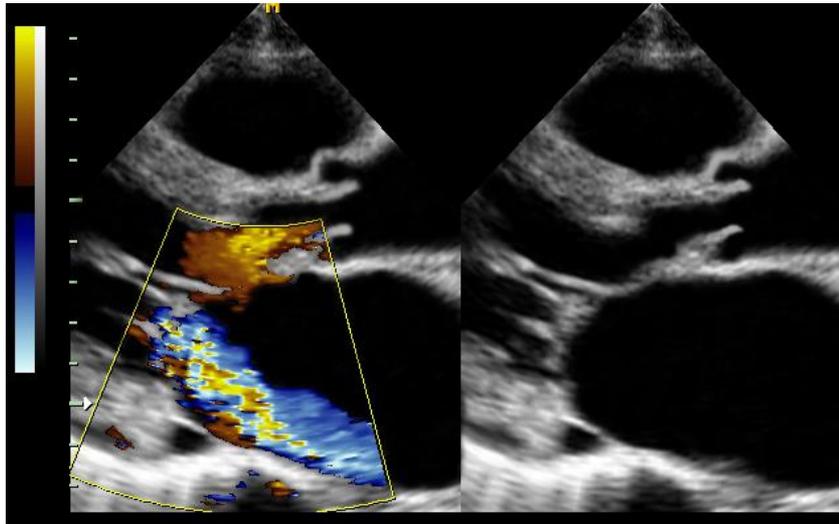
## Continuity Equation

- Continuity Equation is used to calculate
- 1) LVOT Diameter in PLAX
- 2) VTI in LVOT(PW) in apical 5 chamber
- 3) VTI in AV (CW) in apical 5 chamber

LVOT flow  $\equiv$  AV flow



## Regurgitant Volume Measurement



### *Semi-Quantitative method*

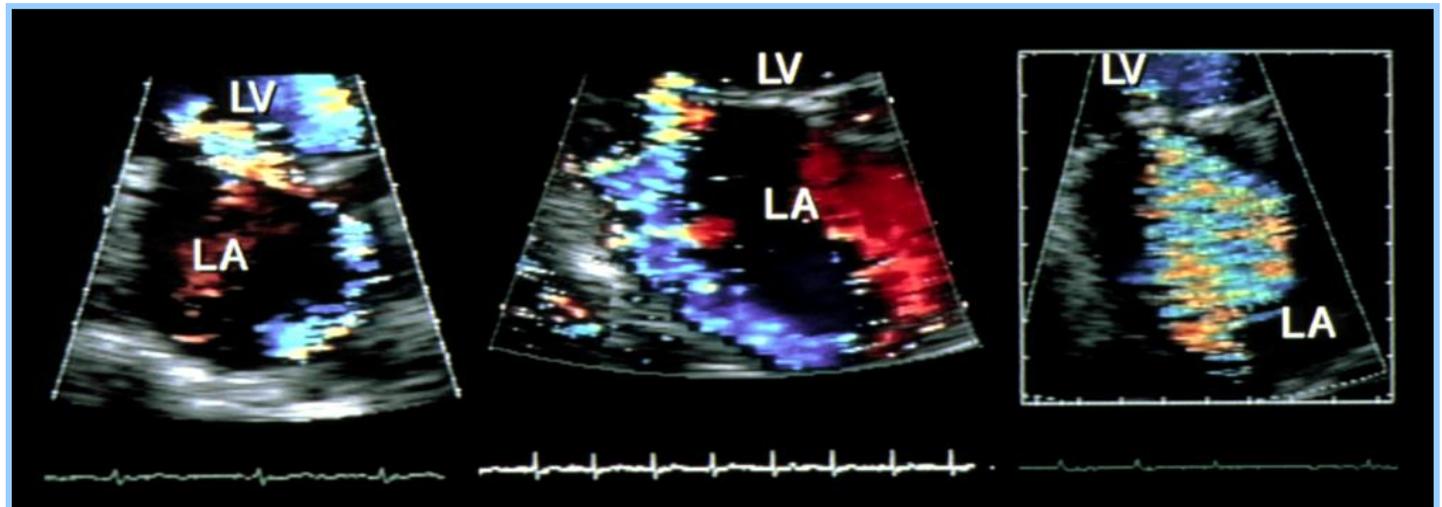
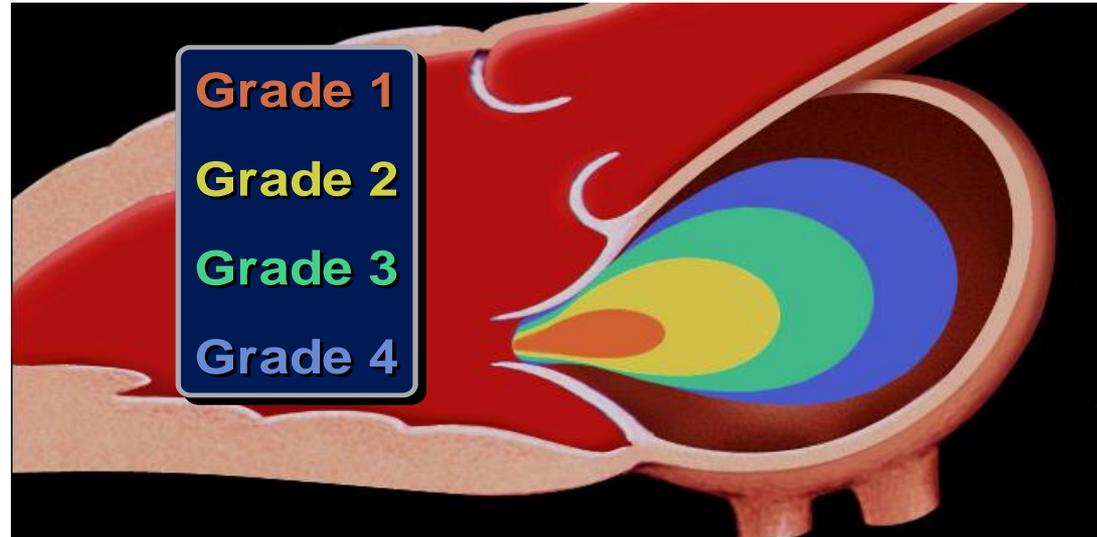
- Color flow area mapping
- Vena contracta width
- CW signal intensity
- Pulmonary venous flow
- Peak mitral inflow velocity

### *Quantitative Method*

- Volumetric method
- PISA
- Automated cardiac output method

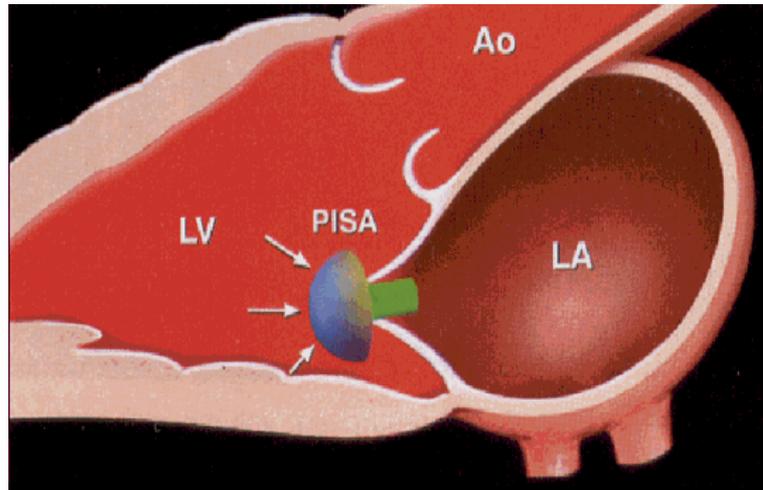
# Mitral Valve Regurgitation

**Semi-Quantitative  
Assessment**  
(Color flow mapping)



# Regurgitation Volume by PISA

## Quantitative Assessment



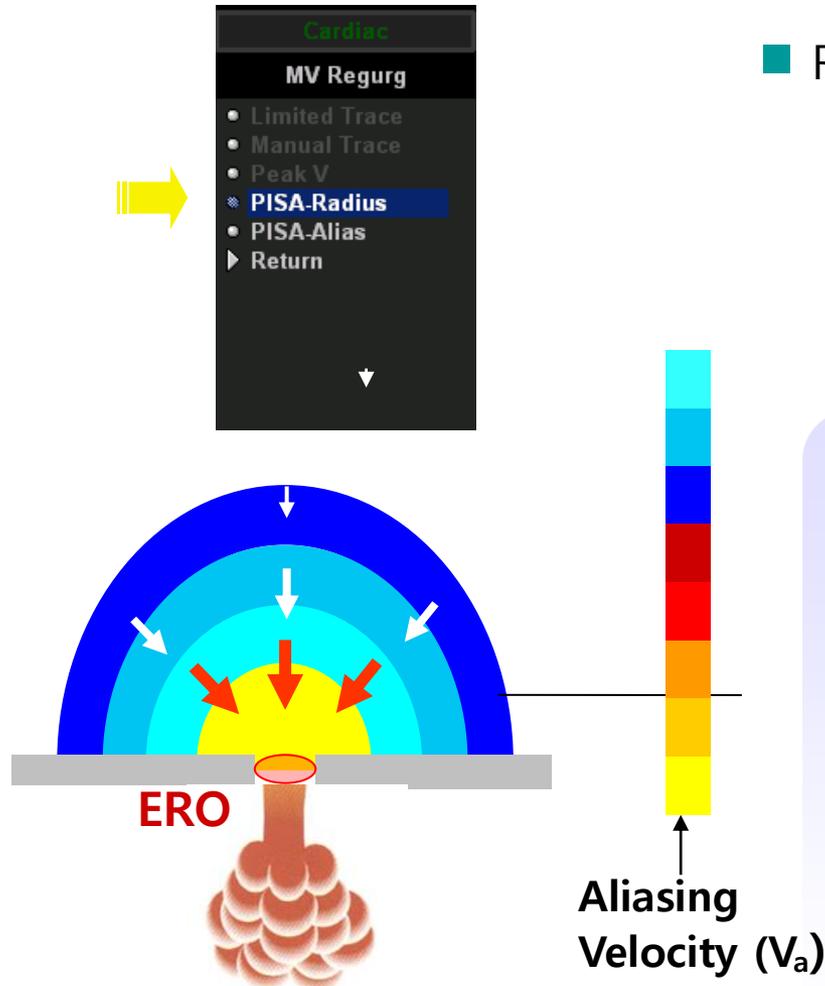
- **'MR flow = PISA flow'** ( Proximal Isovelocity Surface Area )
- **ERO (Effective Regurgitant Orifice) x MR Velocity = 2 x  $\pi$  x R<sup>2</sup> x PISA Vel.**

$$\text{ERO x MR Vel.} = 2 \times \pi \times R^2 \times \text{Alias Vel.}$$

$$\text{ERO} = \frac{2 \times \pi \times R^2 \times \text{Alias Vel.}}{\text{MR Vel.}}$$

MR Vel.

# Regurgitation Volume by PISA



- Requirements : PISA radius  
Aliasing velocity  
MR Max Velocity, MR TVI  
>> ERO,  
(Effective Regurgitant orifice area)  
>>> Regurgitant Volume

## PISA method

1. Optimize regurgitant flow → Zoom up !!
2. Color flow baseline shift when aliasing velocity of 20~40cm/s is appeared
3. Measure PISA radius & select 'PISA(MR)- aliasing Vel'
4. Measure MR VTI with V max by CW

# Regurgitation Volume by PISA

