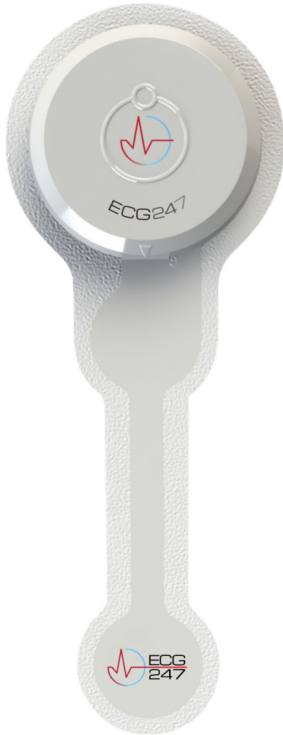# Tips when using ECG247

— Download the ECG 247 app and follow the instructions carefully

— Do not remove the green foil over the battery of the electrode patch

— Hair must be removed and the skin over the sternum must be clean and dry

— The sensor is glued in the middle of the sternum a little below the throat pits

— Keep your phone nearby for the entire test period

— The sensor usually automatically reconnects to the phone if it has been out of range

— Turn off battery saving features and charge your phone every day

Further advice:

— You should treat the sensor carefully during the test period so that it does not come loose

— Check that the test runs as normal in the ECG247 app at least twice a day.
If the test has stopped, you can start a new test in the app without removing the sensor

— You can exercise and shower with the sensor on, but you cannot bathe/swim

— By pressing briefly and hard in the middle of the sensor, a manually ECG recording is stored

— You stop the test in the ECG247 app. Recommended test duration is at least 3 days

— The test can be shared with your doctor by pressing the share button in the app.